

# DINNERLY



## Low-Carb Cheesy Bruschetta Chicken with Sun-Dried Tomatoes & Zucchini



20-30min



2 Servings

Some people think bruschetta is just a ride on perfectly toasted bread. Well, we don't like to limit ourselves, so we're swapping that vehicle for Italian-spiced chicken covered in a blanket of melted fontina spiked with sun-dried tomatoes. But, don't worry. We're still serving it with some golden garlic bread because, well, carbs are our ride or die. We've got you covered!

## WHAT WE SEND

- 2 zucchini
- 10 oz pkg boneless, skinless chicken breast
- ¼ oz Italian seasoning
- ¼ oz granulated garlic
- 2 oz shredded fontina <sup>1</sup>
- 2 mini French rolls <sup>2</sup>
- 2 oz sun-dried tomatoes

## WHAT YOU NEED

- kosher salt & ground pepper
- sugar
- balsamic vinegar (or red wine vinegar)
- olive oil

## TOOLS

- rimmed baking sheet
- medium skillet

## ALLERGENS

Milk (1), Wheat (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 580kcal, Fat 30g, Carbs 38g, Protein 48g



### 1. Prep ingredients

Roughly chop **sun-dried tomatoes**. Halve **zucchini** lengthwise, then cut into ½-inch half moons.

Pat **chicken** dry; season all over with **salt**, **pepper**, and 2 **teaspoons Italian seasoning**.



### 2. Make tomato relish

Preheat broiler with a rack in the top position.

In a small bowl, stir together **sun-dried tomatoes**, ¼ **teaspoon granulated garlic**, ½ **teaspoon sugar**, 1 **teaspoon vinegar**, and 2 **teaspoons oil**; season to taste with **salt** and **pepper** and set aside until step 5.



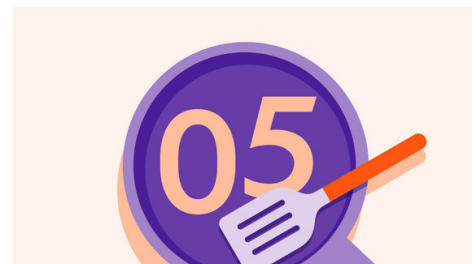
### 3. ZUCCHINI VARIATION

On a rimmed baking sheet, toss **zucchini** with 2 **teaspoons oil**; season generously with **salt** and **pepper**. Broil on top oven rack until tender and lightly charred in spots, 5–7 minutes (watch closely).



### 4. Cook chicken

While **zucchini** cooks, heat 1 **tablespoon oil** in a medium skillet over medium-high. Add **chicken** and cook until well browned on the bottom, 3–4 minutes. Flip chicken, then top with **cheese**. Cover and continue to cook until chicken is cooked through, and cheese is melted, about 3 minutes. Transfer to plates.



### 5. Finish & serve

Split **rolls** in half, then generously brush cut sides with **oil**; season with ¼ **teaspoon granulated garlic**, **salt**, and **pepper**. Place **rolls**, cut-sides up, directly on top oven rack; broil until lightly toasted, 2–3 minutes (watch closely).

Top **cheesy chicken** with **sun-dried tomato relish**, then serve with **zucchini** and **garlic bread** alongside. Enjoy!



### 6. Take it to the next level

Herbs make everything better (well, most things). Add chopped fresh basil and parsley to the sun-dried tomato relish to add a little extra pizzazz.