

# DINNERLY



## Beef Fried Rice with Edamame



20-30min



2 Servings

We took the major flavor players behind of one of our favorite Korean dishes—bimbibap—and channeled them into a quick and easy weeknight fried rice dish. With beef strips, kimchi paste, cabbage, chopped scallions, and protein-rich edamame and egg, this dish is sure to spice up your week. We've got you covered!

### WHAT WE SEND

- 5 oz jasmine rice
- 1 oz kimchi paste
- 2 scallions
- ½ lb pkg beef strips
- 14 oz cabbage blend
- 5 oz edamame <sup>6</sup>

### WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- sugar
- 2 large eggs <sup>3</sup>

### TOOLS

- small saucepan
- rimmed baking sheet
- large nonstick skillet

### ALLERGENS

Egg (3), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### NUTRITION PER SERVING

Calories 920kcal, Fat 32g, Carbs 116g, Protein 40g



#### 1. Cook rice

In a small saucepan, combine **rice, 1¼ cups water, and a pinch of salt**. Bring to a boil, reduce heat to low, cover, and cook until rice is tender and water is absorbed, about 17 minutes. Spread on a rimmed baking sheet to cool.



#### 2. Prep ingredients

Meanwhile, in a small bowl, whisk **kimchi paste with 1 tablespoon each of water and oil and ½ teaspoon sugar** until sugar is dissolved.

Trim ends from **scallions**, then thinly slice. In a small bowl, whisk **2 eggs**; season with **¼ teaspoon salt and a few grinds of pepper**.



#### 3. BEEF VARIATION

Pat **beef** dry and season with **salt and pepper**. Heat **1 tablespoon oil** in a medium nonstick skillet over medium-high. Add beef in a single layer and cook, without stirring, until well browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 minutes more. Transfer to a plate.



#### 4. Wilt cabbage

Heat **1 tablespoon oil** in same skillet over medium-high. Add **cabbage, ½ teaspoon salt**, and cook, covered, until slightly softened, about 2 minutes.

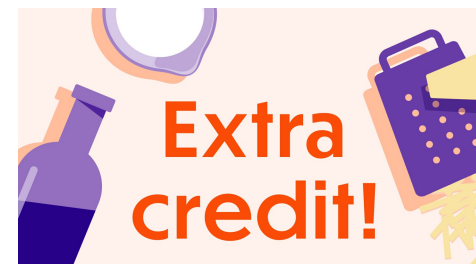
Stir in **beef, edamame, rice, and 1 tablespoon oil**. Cook, pressing down to allow rice to crisp, tossing occasionally and repeating, until rice is warmed through, about 4 minutes.



#### 5. Finish rice

Add **half of the sauce and half of the scallions** to skillet, and stir until combined. Make a well in the rice, add **beaten egg** and cook, stirring, until just set, about 30 seconds.

Stir gently to incorporate scrambled egg into rice; season to taste with **salt**. Garnish rice with **remaining sauce and scallions** for drizzling over. Enjoy!



#### 6. Take it to the next level

It's hard to make a more satisfying meal than fried rice, but if we had to add a little extra something to our bowls, we'd try a sprinkle of sunflower or sesame seeds, and break out some seaweed snacks to serve alongside.