## **DINNERLY**



# Chinese BBQ Bowl with Ready to Heat Chicken

Crisp Salad & Hoisin Sauce





Gone are the days when the sweet and savory flavors of succulent Chinese barbecue chicken require take-out. Not anymore!! Tender ready to heat chicken is coated in a garlicky-hoisin marinade and then crisped up under the broiler and served over a bed of refreshing romaine and pickled veggies. We've got you covered!

#### **WHAT WE SEND**

- 1 carrot
- · 2 scallions
- 1 romaine heart
- ½ lb pkg ready to heat chicken
- 2 oz hoisin sauce 1,6,11

#### WHAT YOU NEED

- white wine vinegar (or apple cider vinegar) <sup>17</sup>
- kosher salt & ground pepper
- neutral oil
- garlic

#### **TOOLS**

- · vegetable peeler
- rimmed baking sheet

#### **ALLERGENS**

Wheat (1), Soy (6), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 360kcal, Fat 15g, Carbs 28g, Protein 29g



#### 1. Pickle carrots

Scrub and trim carrot, then use a vegetable peeler to peel into long ribbons. Finely chop1teaspoon garlic. In large bowl, whisk to combine1tablespoon vinegar, 2 teaspoons water, and a pinch each of salt and pepper. Add carrot ribbons and ½ teaspoon of the chopped garlic to pickling liquid, tossing to coat; set aside until step 5.



### 2. Prep ingredients

Preheat broiler with top rack 6 inches from heat source. Trim scallions, then thinly slice. Halve romaine lengthwise, then slice crosswise into 1-inch pieces, discarding stem end.



#### 3. Season chicken

In a medium bowl, shred **chicken** into smaller pieces using 2 forks or your fingers. Add **2 tablespoons hoisin sauce** and **remaining chopped garlic**, stirring gently to combine. In a small bowl, whisk to combine **remaining hoisin sauce** and **1 teaspoon water**.



#### 4. Broil chicken

Line a rimmed baking sheet with foil, then spread **shredded chicken** into an even layer. Broil on top oven rack until heated through and crispy in parts, 6–8 minutes (watch closely as broilers vary).



5. Finish & serve

Add romaine, half of the scallions, and 2 tablespoons oil to bowl with pickled carrots, tossing to combine. Season to taste with salt and pepper. Transfer to plates. Top salad with crispy chicken, and drizzle remaining hoisin sauce over the top. Garnish with remaining scallions. Enjoy!



6. Go-go gadget: Peeler

Take your relationship with the vegetable peeler to the next level. This underrated kitchen gadget can make the simplest recipes front page-worthy. Use your peeler to turn veggies like carrots, zucchini, and butternut squash into wide, thin strips. Use them for salads, pickles, sandwich toppers, or as a base for your favorite sauce!