



Chili-Rubbed Chicken Breast

with Tomato-Corn Salad & Lime Crema



30-40min



2 Servings

We're always looking for ways to make weeknight cooking faster without sacrificing flavor. Here, we coat lean chicken breasts in our warming chorizo chili spice blend, then sear it in a hot skillet. A bright tomato-corn salad and cooling lime crema are the perfect sides to temper the heat.

What we send

- 12 oz pkg boneless, skinless chicken breasts
- ¼ oz chorizo chili spice blend
- garlic
- 1 lime
- 2 scallions
- 2 (1 oz) sour cream ⁷
- 5 oz corn
- ¼ oz fresh cilantro
- 12 oz grape tomatoes

What you need

- neutral oil
- kosher salt & ground pepper

Tools

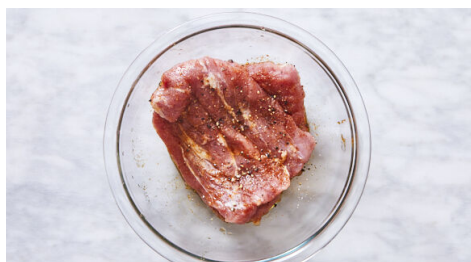
- meat mallet (or heavy skillet)
- microplane or grater
- medium heavy skillet (preferably cast-iron)

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 630kcal, Fat 41g, Carbs 28g, Protein 44g



1. Marinate chicken

Combine **1 tablespoon oil** and **1 teaspoon chorizo chili spice blend** in a medium bowl. Add chicken, turning to coat in **spiced oil**. Set aside to marinate until step 5.



2. Prep ingredients

Finely chop **1 teaspoon garlic**. Finely grate **¼ teaspoon lime zest**. Separately squeeze **2 teaspoons lime juice** into a medium bowl. Cut any remaining lime into wedges. Trim **scallions**, then thinly slice about ¼ cup. In a small bowl, combine **all of the sour cream** and **lime zest**; thin by adding **1 teaspoon water** as needed. Season to taste with **salt** and **pepper**.



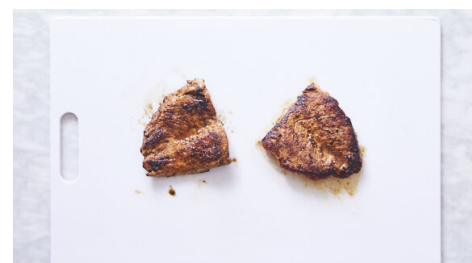
3. Char corn

Heat **1 tablespoon oil** in a medium heavy skillet (preferably cast-iron) over medium-high. Add **corn**, then season with **salt** and **pepper**. Cook, without stirring, until lightly browned in spots, about 3 minutes. Transfer to a plate. Wipe out skillet and reserve for step 5.



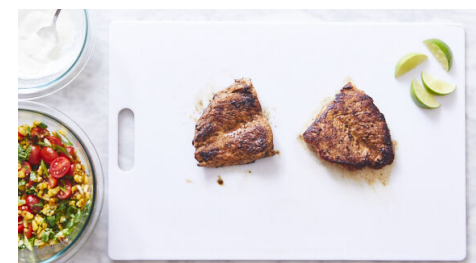
4. Make tomato-corn salad

Coarsely chop **cilantro leaves and stems** together. Halve **tomatoes**. Stir **chopped garlic** and **2 tablespoons oil** into bowl with **lime juice**. Add **corn, cilantro, sliced scallions**, and **tomatoes**, stirring to combine. Season to taste with **salt** and **pepper**.



5. Cook chicken

Season **chicken** all over with **salt** and **pepper**. Heat **1 tablespoon oil** in reserved skillet over medium-high. Add **chicken** and cook until chicken is browned and cooked through, 3-4 minutes per side. Transfer to a cutting board.



6. Finish & serve

Spoon **crema** over **chicken** and serve alongside **tomato-corn salad** with **any lime wedges** on the side for squeezing over. Enjoy!