# MARLEY SPOON



## **Chicken Sausage Bolognese**

with Fresh Pasta & Garlic Bread





We made a rich, decadent meat ragù that tastes as if it's been cooking for hours. Italian chicken sausage adds a savory depth of flavor to this Bolognese sauce, served over fresh wide pasta. A sprinkling of Parmesan is the perfect finishing touch. The garlic bread serves a delicious and practical purpose-use it to sop up the remaining sauce!

#### What we send

- garlic
- ½ lb uncased Italian chicken sausage
- 6 oz tomato paste
- 1 pkt chicken broth concentrate
- ¾ oz Parmesan <sup>3</sup>
- 1 romaine heart
- 1 baguette <sup>2</sup>
- 1 lemon
- 8.8 oz lasagna sheets 1,2

## What you need

- kosher salt & ground pepper
- olive oil
- sugar

#### **Tools**

- medium pot
- medium saucepan
- box grater or microplane

#### **Allergens**

Egg (1), Wheat (2), Milk (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 1050kcal, Fat 40g, Carbs 118g, Protein 54g



#### 1. Brown sausage

Preheat oven to 425°F with a rack in the center. Bring a medium pot of **salted water** to a boil, then reduce heat to low to keep warm until step 5.

Finely chop **2 garlic cloves**. Heat **1 tablespoon oil** in a medium saucepan over medium-high. Add **sausage** and cook, breaking into smaller pieces, until browned and crispy on edges, 5-8 minutes.



## 4. Prep lettuce & dressing

Halve **lettuce** lengthwise, then cut crosswise into 1-inch pieces, discarding stem.

Into a large bowl, grate ¼ teaspoon lemon zest and squeeze 1 tablespoon lemon juice. Whisk in 2 tablespoons oil and a pinch each of salt and pepper.



### 2. Finish Bolognese

Add half of the chopped garlic to saucepan with sausage; cook, stirring, until fragrant, about 1 minute. Add ¼ cup tomato paste and cook, stirring, until it darkens slightly, 1-2 minutes. Stir in broth concentrate, 2 cups water, and 1 teaspoon sugar; bring to a boil.

Simmer over medium heat until sauce is reduced to 2 cups, 10-15 minutes. Cover to keep warm.



3. Make garlic bread

Meanwhile, finely grate **Parmesan**. Split **baguette** lengthwise. Brush cut sides generously with **oil** and sprinkle with **remaining chopped garlic** and  $\frac{1}{3}$  of the **Parmesan**. Season with **salt** and **pepper**.

Place bread cut sides up on a sheet of foil, and bake on center oven rack, until golden and crisp, 5-7 minutes. Drizzle with **oil**, then cut each half into fourths.



5. Cook pasta

Stack **pasta sheets**, then cut pasta crosswise into ½-inch wide strips. Return water to a boil, then add pasta and cook, stirring to prevent clumping, until al dente, about 2 minutes.

Drain well and return pasta to pot. Add half of the bolognese sauce, and toss to combine.



6. Finish & serve

Add lettuce and half of the remaining Parmesan to bowl with dressing; toss to combine.

Serve **pasta** topped with **remaining Bolognese sauce and Parmesan**, and with **salad** and **garlic bread** alongside.
Enjoy!