# **DINNERLY**



## Chicken Noodle Stir-Fry

with Snow Peas & Spicy Oil



20-30min 2 Servings



Did you hear that? It's noodle time. As in every time, all the time. That's how often we could devour this plate piled high with stir-fry noodles, tender chicken breast strips, and snappy snow peas—but what really keeps us coming back is the spicy oil drizzled over top. We've got you covered!

### **WHAT WE SEND**

- 1 red onion
- 4 oz snow peas
- ½ lb pkg chicken breast strips
- 5 oz pad Thai noodles
- · 2 (2 oz) teriyaki sauce 1,6
- 1/4 oz gochugaru flakes

#### WHAT YOU NEED

- garlic
- neutral oil
- kosher salt & ground pepper

## **TOOLS**

- · medium nonstick skillet
- large pot

## **ALLERGENS**

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### **NUTRITION PER SERVING**

Calories 680kcal, Fat 25g, Carbs 81g, Protein 39g



## 1. Prep veggies & chicken

Bring a large pot of water to a boil.

Finely chop 2 teaspoons garlic. Halve onion, then chop into ¾-inch pieces; separate layers. Trim stem ends from snow peas, then halve crosswise.

Pat chicken dry.



## 2. Make spicy oil

Heat 1 tablespoon oil in a medium nonstick skillet over medium until shimmering; carefully pour into a small, heatproof bowl. Stir in gochugaru flakes (use less depending on heat preference) and a pinch of salt; set aside to cool. Reserve skillet for step 4.



### 3. Cook noodles

Add **noodles** to pot with boiling water and cook, stirring occasionally to prevent sticking, until al dente, 6–8 minutes.

Reserve **2 tablespoons cooking water**.

Drain noodles, then rinse under cold water and toss with ½ **teaspoon oil**. Set aside until step 5.



### 4. Start stir-fry

Heat 1 tablespoon oil in reserved skillet over high. Add chicken and season with salt and pepper. Cook, stirring once or twice, until lightly browned, 3–4 minutes; transfer to a plate.

Return skillet to high heat. Add 1 tablespoon oil and chopped onions; stir-fry until browned and crisp-tender, 3–4 minutes. Add chopped garlic and cook until fragrant, about 1 minute.



### 5. Finish & serve

To skillet with onions, stir in snow peas and noodles until snow peas are bright green, about 1 minute. Return chicken to skillet and toss to combine. Add all of the teriyaki sauce and reserved cooking water; stir until noodles are evenly coated, about 1 minute.

Serve chicken noodle stir-fry with spicy oil on the side for drizzling over top, as desired. Enjoy!



## 6. Did you know?

As we made the switch to becoming a paperless company at our US and Australian sites, 2.6 million sheets of paper waste was avoided in 2020. As we implement this in all our sites, it will allow us to save more than 6 million sheets of paper per year globally.