MARLEY SPOON



Żeberka Wieprzowe (Heat & Eat Polish Ribs)

with Creamy Mustard Sauce





We can't guarantee you'll be able to perfectly pronounce this dish, but we're pretty confident you'll enjoy devouring it. Fully cooked pork ribs braise in a deeply flavorful bed of sauerkraut, apples, potatoes, chicken broth concentrate, and caraway seeds until fall-off-the-bone tender. We finish it with chives and a creamy mustard sauce for a hearty meal ready in just three steps!

What we send

- 1 yellow onion
- 1 Granny Smith apple
- 12 oz red potatoes
- 12 oz pkg fully cooked pork ribs
- ½ lb sauerkraut
- 1 pkt chicken broth concentrate
- 1/4 oz caraway seeds
- ½ oz whole-grain mustard
- 2 (1 oz) sour cream ¹
- ¼ oz fresh chives

What you need

- · olive oil
- kosher salt & ground pepper

Tools

medium ovenproof skillet

Allergens

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 680kcal, Fat 31g, Carbs 56g, Protein 40g



1. Prep ingredients

Preheat oven to 400°F with a rack in the upper third.

Finely chop **onion**. Core **apple** and cut half into 1/2-inch pieces (save rest for own use). Cut potatoes into ¾-inch pieces. Cut ribs apart.

In a medium ovenproof skillet, heat 1 tablespoon oil over medium heat. Add onions and cook, stirring, until softened, 4-5 minutes.



Looking for more steps?

4. ...



2. Braise ribs

To skillet with onions, stir in sauerkraut, chopped apples, potatoes, broth concentrate, ½ teaspoon caraway seeds, and 11/2 cups water; bring to a boil.

Remove from heat and nestle **ribs** into mixture. Transfer skillet to upper oven rack and cook until liquid is reduced and potatoes are tender, 35-40 minutes.



3. Finish & serve

Switch oven to broil. Broil until **potatoes** and exposed ribs are lightly browned, about 3 minutes (watch closely as broilers vary).

Meanwhile, in a small bowl, mix **mustard** and sour cream. Season to taste with salt and pepper. Finely chop chives.

Transfer ribs and sauerkraut to serving bowls, top with **chives**, and serve with creamy mustard sauce. Enjoy!



You won't find them here!



Enjoy your Marley Spoon meal!