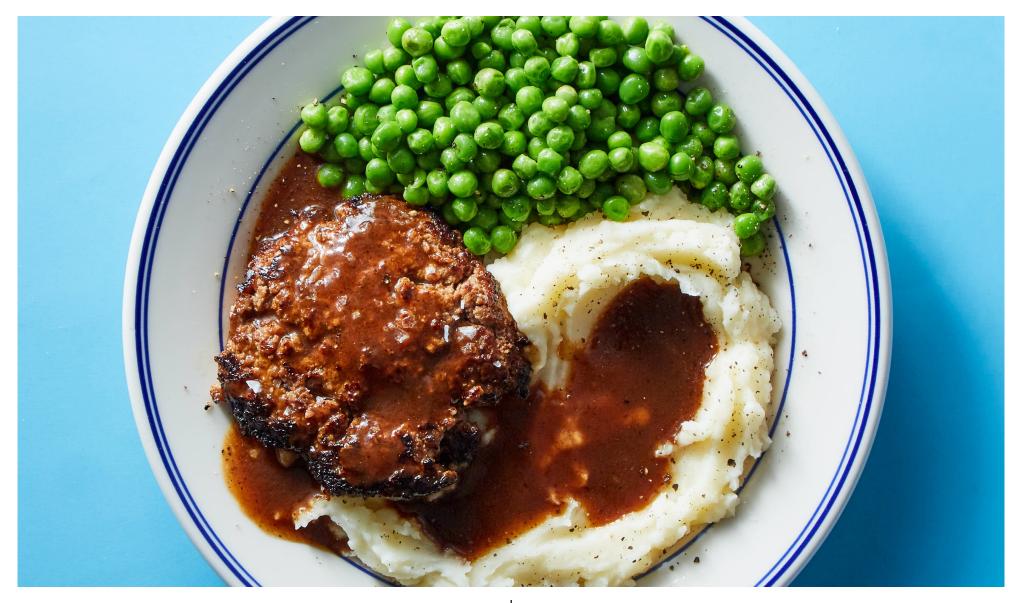
# **DINNERLY**



# Salisbury Steak & Buttery Peas

with Mashed Potatoes & Gravy

Chew chew! That's the gravy train coming through. We've got you covered!



30-40min 2 Servings



### **WHAT WE SEND**

- · 2 potatoes
- 1½ oz Worcestershire sauce
- 14 oz granulated garlic
- 5 oz peas
- 1 pkt turkey broth concentrate
- 10 oz pkg grass-fed ground beef
- 1 pkt Dijon mustard <sup>17</sup>

### WHAT YOU NEED

- kosher salt & ground pepper
- ketchup
- 4 Tbsp butter <sup>7</sup>
- all-purpose flour (or gluten-free alternative)
- neutral oil

## **TOOLS**

- · medium saucepan
- small skillet
- medium skillet
- potato masher or fork

#### **ALLERGENS**

Fish (4), Milk (7), Sulphites (17). May contain traces of other allergens.

Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 860kcal, Fat 47g, Carbs 61g, Protein 36g



## 1. Cook potatoes

Peel potatoes and cut into 1-inch pieces. Place in a medium saucepan with 1 teaspoon salt and enough water to cover by 1 inch. Cover and bring to a boil over high heat; uncover and cook until easily pierced with a fork, about 10 minutes. Reserve ½ cup cooking water, then drain and return potatoes to saucepan. Cover to keep warm off heat until step 5.



## 2. Season & shape steaks

While potatoes cook, in a medium bowl add beef, 1 tablespoon Worcestershire, 1½ teaspoons Dijon mustard, 1 tablespoon ketchup, ½ teaspoon granulated garlic, ½ teaspoon salt, and a few grinds of pepper; stir to combine.

Shape **beef** into 2 (5-inch) steaks. Set aside for step 4.



## 3. Cook peas & prep broth

Melt 2 tablespoons butter in a small skillet over medium heat. Add peas and cook, stirring, until warmed through, about 2 minutes; season to taste with salt and pepper. Cover to keep warm off heat.

In a liquid measuring cup, whisk to combine broth concentrate, 1 tablespoon Worcestershire, ½ cup water, 1 tablespoon ketchup, and 2 teaspoons flour.



4. Cook steaks & make gravy

Heat 1 tablespoon oil in a medium skillet over medium-high. Add steaks; cook until browned and medium-rare, 2–3 minutes per side (or longer for desired doneness). Transfer to plates and cover to keep warm.

Whisk **broth mixture** into same skillet, scraping up any browned bits from the bottom. Reduce heat to medium, then simmer until **gravy** is reduced to ½ cup, 2–3 minutes.



5. Mash potatoes & serve

Return saucepan with **potatoes** over medium heat. Add **2 tablespoons butter** and **1/4 cup of the reserved cooking water**. Mash using a potato masher or fork; add **1 tablespoon cooking water** at a time, as needed. Season to taste with **salt** and **pepper**.

Serve Salisbury steaks with peas and mashed potatoes alongside. Spoon gravy over top. Enjoy!



6. Make it ahead!

To save time on prep, you can make and shape the patties in step 2 the day before. Wrap them in plastic wrap and keep them in the fridge on a plate until you're ready to cook.