

# DINNERLY



## Ginger Beef Fried Rice with Pickled Radish & Scallions



20-30min



2 Servings

"Um, yes, hello. I'd like to place an order for delivery. One large order of beef fried rice"—are words you'll never have to say again thanks to this genius recipe. This healthier homemade version includes slightly crispy rice, savory ground beef, tamari, and fresh ginger. AND we threw in pickled radishes and scallions to add some brightness to your day. We've got you covered!

### WHAT WE SEND

- 5 oz jasmine rice
- 1 radish
- 5 scallions
- garlic
- 1 oz fresh ginger
- 10 oz pkg grass-fed ground beef
- 2 (½ oz) tamari soy sauce <sup>1</sup>

### WHAT YOU NEED

- kosher salt
- sugar
- white wine vinegar (or apple cider vinegar)
- neutral oil

### TOOLS

- small saucepan
- large nonstick skillet

### ALLERGENS

Soy (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### NUTRITION PER SERVING

Calories 680kcal, Fat 23g, Carbs 67g, Protein 35g



#### 1. Cook rice

In a small saucepan, combine **rice**, **1¼ cups water**, and **½ teaspoon salt**; bring to a boil over high heat. Reduce heat to low, cover, and cook until rice is tender and water is absorbed, about 17 minutes. Spread out on a paper-towel lined plate or baking sheet to dry and cool until step 5.



#### 2. Prep ingredients

Trim ends from **radishes** and **scallions**; thinly slice. In a medium bowl, stir to combine **radishes**, **half of the scallions**, **1 tablespoon vinegar**, **1 teaspoon sugar**, and **½ teaspoon salt**. Set aside, stirring occasionally, until ready to serve.

Finely chop **1 teaspoon garlic**. Peel and thinly slice **half of the ginger** (save rest for own use). Stack slices; cut into thin matchsticks.



#### 3. Sauté aromatics

Heat **1 tablespoon oil** in a large nonstick skillet over medium-high. Add **garlic**, **ginger**, and **remaining scallions**; cook, stirring, until softened, 3–4 minutes.



#### 4. BEEF VARIATION

Add **beef** to skillet with **aromatics**, season with salt. Cook, breaking up meat into smaller pieces, until cooked through and browned in spots, about 5 minutes.



#### 5. Finish & serve

Add **rice** to skillet with **beef** (if skillet looks dry, add 1 tablespoon oil); stir to combine. Cook, pressing down with a spoon to crisp rice and tossing occasionally, until most of the rice is crispy, 6–8 minutes. Stir in **all of the tamari**.

Serve **ginger beef fried rice** with **pickled radish and scallions** over top. Enjoy!



#### 6. Spice it up!

Top with some Sriracha or chili garlic sauce before serving for a kick of heat!