DINNERLY



Harissa Beef Pita Wrap

with Cucumber Salad & Tahini Sauce





When in doubt, put it on a pita. Spicy harissa lights up this stewy ground beef, paired with a crisp cucumber salad and creamy tahini. We've got you covered!

WHAT WE SEND

- 1 yellow onion
- · 1 cucumber
- 1 plum tomato
- 1 oz tahini ²
- 2 Mediterranean pitas 1,2,3
- ¼ oz harissa spice blend
- 10 oz pkg grass-fed ground beef

WHAT YOU NEED

- olive oil
- red wine vinegar (or white wine vinegar)
- sugar
- kosher salt & ground pepper

TOOLS

medium nonstick skillet

ALLERGENS

Wheat (1), Sesame (2), Soy (3). May contain traces of other allergens.

Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 930kcal, Fat 58g, Carbs 54g, Protein 41g



1. Make salad

Halve **onion** and thinly slice one half (save rest for own use). Peel **half of the cucumber**, if desired (save rest for own use). Cut into ½-inch pieces. Cut **tomato** into ½-inch pieces.

In a medium bowl, whisk together 2 tablespoons oil, 2 teaspoons vinegar, and a pinch of sugar. Season to taste with salt and pepper. Add cucumbers, tomatoes, and half of the sliced onions.



2. Make tahini sauce

In a small bowl, whisk together tahini, 1 tablespoon each of oil and water, ½ teaspoon vinegar, and a pinch of sugar. Thin with 1 tablespoon water at a time, as needed. Season to taste with salt and pepper.



3. Toast pitas

Heat a medium nonstick skillet over medium. Add **a drizzle of oil**, then add **1 pita** at a time. Cook until browned and toasted, 30–60 seconds per side. Transfer to a work surface.



4. Cook beef

Heat 1 tablespoon oil in same skillet over medium-high. Add remaining sliced onions and cook, stirring occasionally, until softened and browned in spots, 3–5 minutes. Add beef and cook, breaking up into smaller pieces, until cooked through and browned in spots, about 5 minutes. Season with salt and pepper.



5. Finish & serve

To skillet with beef, add harissa spice and ½ cup water. Cook, stirring frequently and scraping up any browned bits from bottom of skillet, until thickened and stewy, 1–2 minutes. Season to taste with salt and pepper.

Serve harissa beef on pitas topped with cucumber salad, tahini sauce, and a few cracks of pepper. Enjoy!



6. Check us out!

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