

# DINNERLY



## Barbecue Pork Tenderloin with Buttery Corn & Broccoli



30min



2 Servings

Did you ever watch a movie and the sidekick was so charming, they kind of stole the show from the main character? The buttery corn and lightly charred broccoli does that here. (Sorry, pork.) We've got you covered!

## WHAT WE SEND

- 10 oz pkg pork tenderloin
- ¼ oz BBQ spice blend
- ¼ oz granulated garlic
- ½ lb broccoli
- 5 oz corn

## WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- apple cider vinegar (or vinegar of your choice)
- sugar
- butter <sup>1</sup>

## TOOLS

- rimmed baking sheet
- small skillet

## ALLERGENS

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

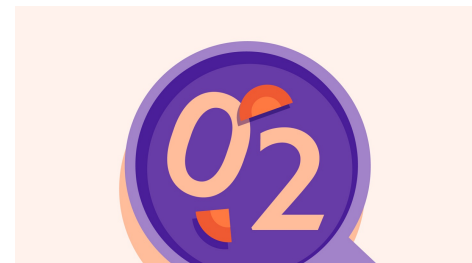
Calories 550kcal, Fat 33g, Carbs 23g, Protein 42g



### 1. Start pork

Preheat oven to 450°F with a rack in the center.

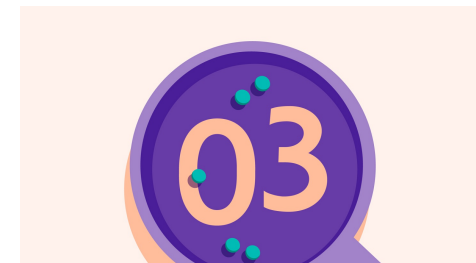
Pat **pork** dry; transfer to a rimmed baking sheet. Lightly drizzle with **oil**. Roast on center oven rack until deeply browned on the bottom 6–7 minutes.



### 2. Prep glaze & broccoli

In a small bowl, add **2 teaspoons BBQ spice, a pinch of granulated garlic, 2 tablespoons oil, and 1 teaspoon each of vinegar and sugar**. Season with **salt and pepper**, then stir to combine.

Cut **broccoli** into 1-inch florets, if necessary.



### 3. Roast pork & broccoli

Flip **pork**. Push to one side of baking sheet and brush **half of the glaze** over top. Add **broccoli** to open side. Toss with **1 tablespoon oil** and season with **salt and pepper**.

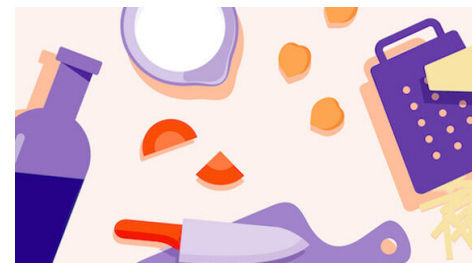
Roast on center oven rack until broccoli is tender and browned in spots and pork is cooked through (145°F internally), 6–7 minutes.



### 4. Sauté corn & serve

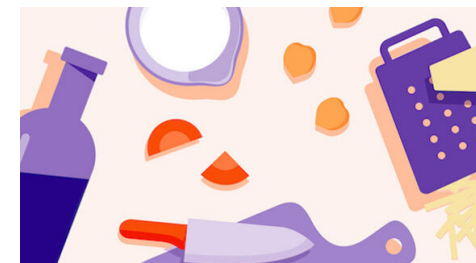
Melt **1 tablespoon butter** in a small skillet over medium-high. Add **corn** and cook until golden and tender, 2 minutes. Season to taste with **salt and pepper**.

Thinly slice **pork**, then brush with **remaining barbecue glaze**. Serve with **broccoli and corn**. Enjoy!



### 5. ...

What were you expecting, more steps?



### 6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!