MARLEY SPOON



Fast! Chicken Cacciatore with Gnocchi

Bell Peppers & Parsley

) under 20min 🦞 2 Servings

Cacciatore means "hunter" in Italian, and it's a fitting name for such a hearty dish. This version takes a few speedy twists to deliver all the flavor without simmering for hours on the stovetop. The key is the rich ragu made with marinara, bell pepper, pre-cooked shredded chicken, and Tuscan spice. Pillowy potato gnocchi is a quick-cooking alternative to dried pasta that perfectly soaks up the luxe sauce.

What we send

- 1 bell pepper
- ½ lb pkg ready to heat chicken
- + $\frac{3}{4}$ oz Parmesan ⁷
- ¼ oz fresh parsley
- 17.6 oz gnocchi ^{1,17}
- 8 oz marinara sauce
- ¼ oz Tuscan spice blend

What you need

- kosher salt & ground pepper
- olive oil

Tools

- large saucepan
- microplane or grater
- medium skillet

Allergens

Wheat (1), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 650kcal, Fat 10g, Carbs 93g, Protein 46g



1. Prep ingredients

Bring a large saucepan of **salted water** to a boil.

Halve **pepper**, discard stem and seeds, then cut into thin strips. Tear **chicken** into bite-size pieces.

Grate **Parmesan**, if necessary. Roughly chop **parsley** leaves; discard stems.



2. Cook gnocchi & peppers

Carefully break apart any **gnocchi** that are stuck together. Add gnocchi to saucepan with boiling water and cook, gently stirring, until tender and most float to the top, 2-3 minutes. Reserve **1 cup cooking water** and drain gnocchi.

Heat **1 tablespoon oil** in a medium skillet over high. Add **peppers** and cook, stirring occasionally, until crisp-tender, about 5 minutes.



3. Make sauce

Add marinara, ½ cup reserved cooking water, and 2 teaspoons Tuscan spice to skillet with peppers. Stir in chicken and gnocchi and cook until chicken is heated through, sauce is slightly thickened, and chicken and gnocchi are evenly coated, 2-3 minutes. Add more of the reserved cooking water to loosen sauce, if necessary.



4. Serve

Serve chicken & gnocchi topped with Parmesan and chopped parsley. Enjoy!



Looking for more steps?



You won't find them here! Enjoy your Marley Spoon meal!