MARLEY SPOON



Rosemary-Lemon Chicken Patty

with Cauliflower Mash & Kale



Cauliflower is the perfect substitute for a mash that is light on carbs but not on flavor! After boiling cauliflower until tender, it's mixed with sour cream and butter. It's the perfect side to juicy, smoky chicken patties and sautéed kale. But our favorite part is the runny fried egg on top; the yolk becomes a rich sauce to complete the bite.

What we send

- 1 head cauliflower
- 1 shallot
- 1/4 oz fresh rosemary
- 1 lemon
- 1 bunch Tuscan kale
- 34 oz Parmesan 7
- 10 oz pkg ground chicken
- 1 oz sour cream 7
- ¼ oz smoked paprika

What you need

- · kosher salt & ground pepper
- butter ⁷
- · olive oil
- 2 large eggs ³

Tools

- · microplane or grater
- medium pot
- potato masher or fork
- medium nonstick skillet

Allergens

Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 800kcal, Fat 54g, Carbs 27g, Protein 51g



1. Prep ingredients

Cut half of the cauliflower into 1-inch florets (save rest for own use). Finely chop shallot. Pick and finely chop 1 tablespoon rosemary leaves; discard stems. Finely grate ½ teaspoon lemon zest, then cut lemon into wedges. Strip kale leaves from stems; discard stems. Thinly slice kale leaves into ribbons. Finely grate Parmesan.



2. Make cauliflower mash

Fill a medium pot with **salted water**; add **cauliflower florets**. Cover, bring to a boil, and simmer until very tender, about 15 minutes. Drain cauliflower well, then return to pot. Use a potato masher or fork to mash cauliflower with **sour cream** and **2 tablespoons butter**. Season to taste with **salt** and **pepper**. Cover to keep warm.



3. Prep chicken patties

Heat **1 tablespoon oil** in a medium nonstick skillet over medium. Add **shallots** and **chopped rosemary**. Cook, stirring, until softened but not browned, 3-5 minutes. Transfer to a small bowl. Wipe out skillet.

In a medium bowl, combine chicken, Parmesan, lemon zest, half of the shallot mixture, 1 teaspoon each of smoked paprika and salt, and a few grinds of pepper.



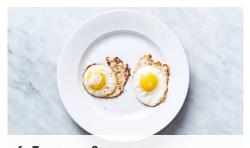
4. Cook kale

Heat 1 tablespoon oil in same skillet over medium-high. Add kale, remaining shallot mixture, and a pinch each of salt and pepper. Cook, stirring, until kale is bright green, about 2 minutes. Add 2 tablespoons water; continue to cook until water is evaporated and kale is tender, about 1 minute more. Transfer to a bowl and cover to keep warm. Wipe out skillet.



5. Cook patties

Use moist hands to form **chicken** into 2 (5-inch) patties. Heat **1 tablespoon oil** in same skillet over medium-high. Add **chicken patties**, reduce heat to medium, and cook until browned on the outside and cooked through, 3-4 minutes per side. Transfer to a plate. Reserve skillet, without wiping clean.



6. Fry eggs & serve

Heat 1 tablespoon butter in same skillet over medium-high. Crack 2 large eggs into skillet; season with salt and pepper. Cook until whites are just set, 1-2 minutes. Cover and cook until yolks are just set, 1 minute. Serve egg on top of patty with cauliflower and kale alongside. Top with browned butter from skillet and juice from lemon wedges. Enjoy!