



Greek Lemon Soup with Ready to Heat Chicken

& Feta-Garlic Pita



30-40min



2 Servings

Avgolemono is a traditional Greek soup, made from chicken broth and egg yolks, which makes it extra creamy. We simmer tender chunks of chicken breast in the broth, along with carrots and onions. The soup is flavored with bright lemon juice and fresh dill, and served with feta cheese-covered toasted pita.

What we send

- 1 yellow onion
- garlic
- 1 carrot
- 1 lemon
- 2 pkts chicken broth concentrate
- ½ lb pkg ready to heat chicken
- 2 Mediterranean pitas ^{1,6,11}
- 1 pkg feta ⁷
- ¼ oz fresh dill

What you need

- olive oil
- kosher salt & ground pepper
- 2 large egg yolks ³

Tools

- medium pot
- rimmed baking sheet (optional)

Cooking tip

Tempering is the process of combining two ingredients at different temperatures. Here, we slowly add hot broth to the eggs so that they don't curdle as they cook.

Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 630kcal, Fat 24g, Carbs 60g, Protein 46g



1. Prep ingredients

Finely chop **all of the onion**. Finely chop **2 teaspoons garlic**. Scrub **carrot**, then halve crosswise and cut each half lengthwise; cut into ¼-inch thick half-moons. Squeeze **1 tablespoon lemon juice** into a medium bowl. Cut any remaining lemon into wedges and reserve for step 5.



4. Toast flatbreads

Brush **pitas** with **oil**, then place on a piece of foil (or a rimmed baking sheet). Broil on top oven rack until toasted on top, 1-2 minutes (watch closely as broilers vary). Flip pita; top with **remaining chopped garlic**, then crumble **feta** on top. Drizzle with **oil**. Broil until pita is browned and cheese is slightly melted, 1-2 minutes (watch closely as broilers vary).



2. Make broth

Heat **2 teaspoons oil** in a medium pot over medium-high. Add **onions, carrots, and 1 teaspoon of the chopped garlic**; season with **salt** and **pepper**. Cook, stirring, until fragrant and onions begin to soften, 1-2 minutes. Stir in **all of the broth concentrate** and **2½ cups water**. Bring to a boil over high heat; reduce heat to medium. Let broth simmer while you finish next step.



5. Temper egg

Coarsely chop **1½ tablespoons dill fronds and tender stems**. Add **2 large egg yolks** to reserved bowl with **lemon juice**, and whisk until foamy and well combined. Transfer **1 cup hot broth** to a liquid measuring cup. Whisking constantly, slowly add broth, 1 tablespoon at a time, to **egg mixture** (do not add all at once, or the eggs will curdle).



3. Cook chicken

Preheat broiler with a rack in the top position. Cut or tear **chicken** into 1-inch pieces. Add to pot with **broth**, cover, and let simmer until chicken is heated through, 3-4 minutes. Season to taste with **salt** and **pepper**.



6. Finish & serve

Stirring constantly, slowly drizzle **tempered eggs** into pot with **remaining soup**. Stir in **1 tablespoon of the chopped dill**. Simmer, stirring constantly, over medium-low until soup is slightly thickened, about 3 minutes. Ladle soup into bowls. Sprinkle **remaining chopped dill** over **feta-garlic flatbreads** and serve alongside **soup**. Enjoy!