# MARLEY SPOON



# **Easy Prep! Meatball Parm Subs**

with Caesar Salad



Tuck in your napkin-this saucy meatball Parm sub has it all. Tender meatballs simmer in marinara sauce before getting topped with melted mozzarella and loaded onto toasted ciabatta rolls. You'll be tucking into this red sauce joint classic in a breeze, thanks to pre-made meatballs and sauce. No-fuss and all flavor is our favorite way to make dinner on busy nights.

#### What we send

- ½ lb pkg ready to heat beef meatballs
- 8 oz marinara sauce
- 3¾ oz mozzarella <sup>7</sup>
- ¾ oz Parmesan 7
- 1 romaine heart
- 2 ciabatta rolls 1
- 2 oz Caesar dressing 3,4,6,7

## What you need

- · olive oil
- · kosher salt & ground pepper

#### **Tools**

- medium skillet
- · microplane or grater
- rimmed baking sheet

#### **Allergens**

Wheat (1), Egg (3), Fish (4), Soy (6), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 880kcal, Fat 41g, Carbs 66g, Protein 43g



#### 1. Brown meatballs & simmer

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **meatballs** and cook, turning occasionally, until well browned all over, 3-4 minutes.

Add **marinara sauce** to skillet with meatballs (careful, oil might splatter). Bring to a simmer; cover and reduce heat to low. Continue simmering until meatballs are heated through, about 5 minutes.



### 2. Prep ingredients

Meanwhile, thinly slice **mozzarella**. Finely grate **Parmesan**, if necessary. Cut **romaine**, crosswise, into ½-inch wide ribbons; discard stem end.



3. Make dressing

Stir **Caesar dressing** and **Parmesan** in a medium bowl.



#### 4. Toast bread

Preheat broiler with a rack in the upper third. Split **ciabatta rolls**, then drizzle cut sides lightly with **oil**. Place on a rimmed baking sheet, oiled side up, and broil on upper oven rack until lightly toasted, 1-2 minutes (watch closely as broilers vary).

Arrange **mozzarella** on cut side of rolls; broil until cheese is just melted, 1-2 minutes (watch closely).



#### 5. Assemble

Top one half of each **roll** with **meatballs** and sauce, then close sandwiches with other half. Add **romaine** to bowl with dressing and toss to coat; season to taste with salt and pepper.

Serve **meatball subs** with **salad** alongside.



6. Serve

Enjoy!