MARLEY SPOON



Swedish Meatballs

with Pasta, Fontina & Peas





The recipe for a perfect dinner: these ultra cozy and comforting Swedish meatballs, absolutely no prep, and zero dishes. Tender readymade beef meatballs and ready to heat penne simmer in a savory Worcestershire and beef broth, then sour cream and fontina are added to give this dish its signature, luxurious cream sauce. For a pop of green-peas! You're just two steps away from the perfect dinner.

What we send

- aluminum foil tray
- ½ lb pkg ready to heat beef meatballs 1,3,6,7
- 7 oz ready to heat penne 1,3
- 1 pkt beef broth concentrate
- 1½ oz pkt Worcestershire sauce 4
- 2 (1 oz) sour cream 7
- 5 oz peas
- 2 oz shredded fontina 7

What you need

kosher salt & ground pepper

Tools

aluminium foil

Allergens

Wheat (1), Egg (3), Fish (4), Soy (6), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 620kcal, Fat 31g, Carbs 50g, Protein 35q



1. Assemble tray bake

Preheat oven to 425°F with a rack in the center.

In aluminum tray, mix together meatballs, pasta, broth packet, 1 tablespoon Worcestershire, ½ cup water and a pinch each of salt and pepper. Cover tightly with foil.

Bake on center oven rack until meatballs are heated through and pasta is tender, 15 minutes.



2. Finish baking & serve

Remove tray from oven and carefully remove foil.

Stir in sour cream, peas, and half of the fontina. Continue baking, uncovered, until peas are warmed through and cheese is melted, about 5 minutes. Stir well and season to taste with salt and pepper. Serve topped with remaining fontina. Enjoy!



3. Tray bake take two!

The foil tray that makes this tray bake so easy is reusable! Wash with dish soap and water, then dry thoroughly. Next time you're ready for a tray bake, spray the tray with nonstick cooking spray for even easier clean-up.



Looking for more steps?



You won't find them here!



Enjoy your Marley Spoon meal!