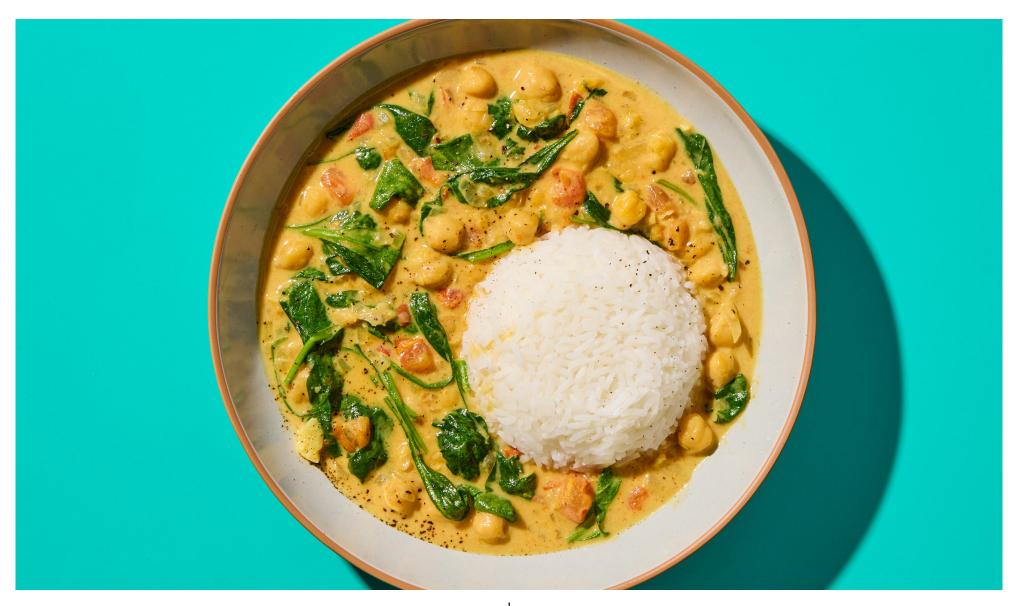
## **DINNERLY**



# Coconut Chickpea Curry with Readymade Chicken

Spinach & Rice





All you curry lovers out there-this one's for you! An aromatic blend of onion, garlic, and curry powder flavors diced tomatoes and protein-rich chickpeas. The veggies simmer in a delicious bath of coconut milk with ready to heat chicken before we stir in spinach for an added fiber boost. And what's a curry without fluffy jasmine rice to soak it all up? We've got 236 you covered!

#### WHAT WE SEND

- 5 oz jasmine rice
- · 1 yellow onion
- 2 plum tomatoes
- 15 oz can chickpeas
- 1/4 oz curry powder
- ½ lb pkg ready to heat chicken
- 13.5 oz can coconut milk 15
- · 5 oz baby spinach

#### WHAT YOU NEED

- kosher salt & ground pepper
- garlic
- neutral oil
- distilled white vinegar (or apple cider vinegar)

#### **TOOLS**

- · small saucepan
- medium skillet

#### **ALLERGENS**

Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 960kcal, Fat 45g, Carbs 110g, Protein 49g



#### 1. Cook rice

In a small saucepan, combine rice, 1½ cups water, and ½ teaspoon salt. Bring to a boil. Cover and cook over low heat until rice is tender and water is absorbed, about 17 minutes. Keep covered off heat until ready to serve.



### 2. Cook gromatics

Finely chop onion and 2 large cloves garlic. Dice tomatoes. Drain and rinse chickpeas.

Heat 2 tablespoons oil in a medium skillet over medium heat. Add onions and a pinch of salt. Cook until softened but not browned, 3–5 minutes. Add garlic and curry powder and cook until aromatic, about 1 minute.



3. CHICKEN VARIATION

Add tomatoes and 2 tablespoons water to skillet and cook until liquid has evaporated and tomatoes are soft, 5–7 minutes. Season with salt and pepper.

Use your fingers or two forks to break up **chicken** into bite-sized pieces. Stir in **coconut milk, chicken**, and **chickpeas**. Simmer until **sauce** has thickened and **chickpeas** are tender, 12–14 minutes.



4. Finish & serve

Remove skillet from heat and stir in spinach until wilted. Stir in 1 teaspoon vinegar. Season with salt and pepper to taste.

Serve chicken & chickpea curry over jasmine rice. Enjoy!



5. ...

What were you expecting, more steps?



6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!