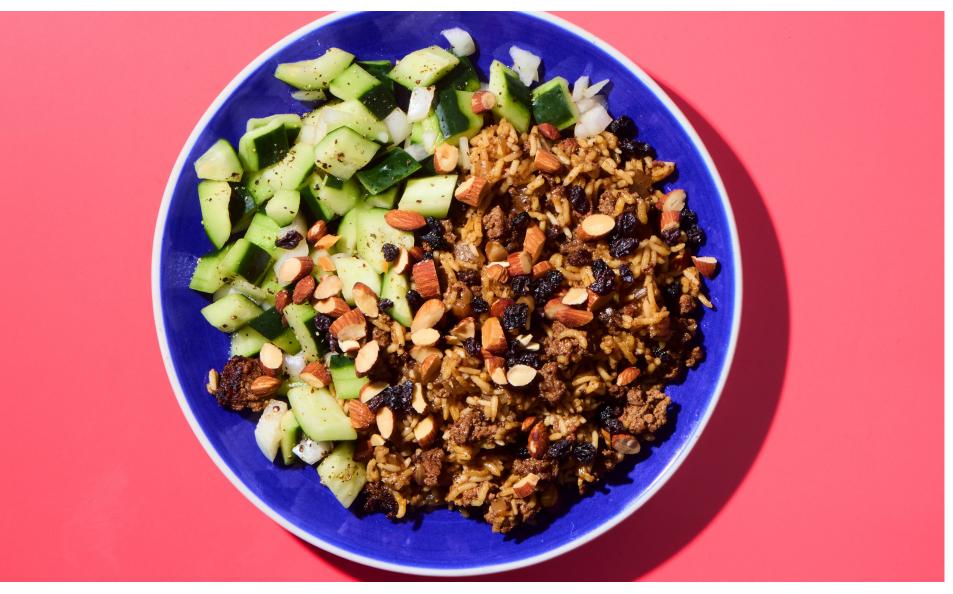
# DINNERLY



# **One-Pot Lebanese Beef & Rice Pilaf**

with Cucumber Salad

Hashwey (AKA Lebanese dirty rice) is a one-pot meal of spiced ground beef and rice studded with nuts and dried fruit. Mild baharat spices flavor the beef and rice that cooks while we whip up a refreshing cucumber salad to accompany this Mediterranean-influenced comfort food. We've got you covered!

🔊 30-40min 🔌 2 Servings

# WHAT WE SEND

- 5 oz basmati rice
- 1 yellow onion
- $\cdot$  1 oz salted almonds <sup>15</sup>
- $\cdot$  ¼ oz baharat spice blend 11
- 1 cucumber
- $\frac{1}{2}$  oz dried currants
- 10 oz pkg ground lamb

# WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- red wine vinegar (or white wine vinegar)
- sugar

# TOOLS

 medium Dutch oven or pot with lid

#### **COOKING TIP**

Soaking long-grain basmati rice removes excess starch so that each grain cooks evenly and separately.

## ALLERGENS

Sesame (11), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### NUTRITION PER SERVING

Calories 870kcal, Fat 38g, Carbs 82g, Protein 38g



# 1. Prep ingredients

In a medium bowl, add **rice** with enough **cold water** to cover by 1 inch; soak for 10 minutes, then drain in a fine-mesh sieve.

Cut onion into ½-inch pieces.

Coarsely chop **almonds**.



# 2. Build pilaf

In a medium Dutch oven or pot, heat **2** tablespoons oil over medium-high. Add <sup>2</sup>/<sub>3</sub> of the onions and cook, stirring occasionally, until slightly softened, about 3 minutes.

Add **lamb** and **baharat spice**; cook, breaking up into bite-sized pieces, until browned in spots, 4–5 minutes. Drain excess oil, if desired. Season to taste with **salt** and **pepper**.



3. Cook pilaf

Add **rice**, 1¼ **cups water**, and **1 teaspoon salt**; bring to a boil, scraping up any browned bits from bottom of pot. Cover and reduce heat to low; cook until rice is tender and water is absorbed, 12 minutes. Let rest off heat, covered, for 5 minutes.



4. Make cucumber salad

Meanwhile, peel **cucumber**. Halve lengthwise and scoop out seeds with a spoon; cut into ½-inch pieces.

In a medium bowl, whisk together 1 tablespoon each of vinegar and water, ½ teaspoon sugar, ¼ teaspoon salt, and a few grinds of pepper. Add cucumbers and remaining onions; toss to coat.



5. Finish & serve

Fluff **rice** with a fork; season to taste with **salt**, **pepper**, and ½ **teaspoon vinegar**. Sprinkle **almonds** and **dried currants** over top.

Serve **lamb and rice pilaf** with **cucumber salad** alongside. Enjoy!



6. Some like it hot!

Add some spice to this dish by drizzling on Sriracha or sprinkling it with red pepper flakes.