# DINNERLY



# Mediterranean Beef Pitzas

with Marinated Cucumbers & Sour Cream

under 20min 2 Servings

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What happens when a pizza and a pita get together? A pitza, of course! The crisp, pocketless pita base acts likes a pizza crust but tastes like buttery flatbread. It's piled high with grass-fed beef, seasoned with baharat spice blend, then a crunchy cucumber salad, and finally, a drizzle of sour cream. We've got you covered!

### WHAT WE SEND

- 1 cucumber
- 1 oz sour cream<sup>7</sup>
- 2 Mediterranean pitas 1,6,11
- +  $\frac{1}{4}$  oz baharat spice blend  $^{11}$
- 8 oz tomato sauce
- 10 oz pkg grass-fed ground beef

### WHAT YOU NEED

- olive oil
- kosher salt & ground pepper

### TOOLS

- rimmed baking sheet
- medium skillet

#### ALLERGENS

Wheat (1), Soy (6), Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### NUTRITION PER SERVING

Calories 730kcal, Fat 33g, Carbs 60g, Protein 39g



## 1. Prep cucumber, sour cream

Preheat broiler with a rack in the top position.

Peel **cucumber**, if desired, then quarter lengthwise and cut into ¼-inch pieces. Toss in a small bowl with **2 teaspoons oil** and **a pinch each of salt and pepper**.

In a second small bowl, thin **sour cream** by adding **1 teaspoon water** at a time, as needed, until it drizzles from a spoon; season with **salt** and **pepper**.



#### 2. Toast pitas

Brush **pitas** generously with **oil**, then transfer to a rimmed baking sheet. Broil until golden-brown on one side, 1–2 minutes (watch closely as broilers vary). Remove from oven. Flip pitas and set aside on baking sheet until step 5.



3. Cook beef

In a medium skillet, heat **2 teaspoons oil** over medium-high. Add **ground beef, % teaspoon salt**, and **a few grinds of pepper**; cook, breaking up into smaller pieces, until browned and cooked through, 3–4 minutes. Add **1½ teaspoons baharat**; cook until fragrant, about 30 seconds.



4. Make meat sauce

To skillet with **beef**, add **tomato sauce**; cook, stirring, until sauce is reduced by <sup>1</sup>/<sub>3</sub>, 2–3 minutes. Remove skillet from heat and season to taste with **salt** and **pepper**.



5. Finish & serve

Spoon **meat sauce** onto **pitas**, leaving a <sup>1</sup>/<sub>2</sub>inch border around edges. Broil on top oven rack until edges of pitas are goldenbrown, about 2 minutes (watch closely).

Top Mediterranean beef pitzas with marinated cucumbers, sour cream , and a drizzle of oil. Enjoy!



6. Take it to the next level

Want to fancy up the marinated cucumbers? Add chopped tomatoes, torn mint leaves, or even chopped olives!