## **DINNERLY**



# **Chinese Pepper Beef**

with Steamed Rice





Thinking of ordering takeout tonight? Big mistake. Big. Huge. This quickcooking stir-fry comes together faster than any restaurant can deliver! We're talking about beef, bell peppers, scallions, and onions that are tossed in a sticky, sweet teriyaki sauce all served over a fluffy bed of jasmine rice. We've got you covered!

#### WHAT WE SEND

- 5 oz jasmine rice
- 1 red onion
- · 1 bell pepper
- · 2 scallions
- ½ lb pkg sirloin steak
- · 2 oz teriyaki sauce 1,6

#### WHAT YOU NEED

- kosher salt & ground pepper
- garlic
- · neutral oil

#### **TOOLS**

- · small saucepan
- medium nonstick skillet

### **ALLERGENS**

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 590kcal, Fat 18g, Carbs 77g, Protein 26g



#### 1. Cook rice

In a small saucepan, combine rice, 1½ cups water, and ½ teaspoon salt. Bring to a boil over high heat. Reduce heat to low, then cover and cook until rice is tender and water is absorbed, about 17 minutes. Keep covered off heat until ready to serve.



## 2. Prep veggies

Halve **onion**, then cut into ½-inch pieces. Halve **pepper**, discard stem and seeds, then cut into ½-inch pieces.

Finely chop **1 teaspoon garlic**. Trim ends from **scallions**, then thinly slice.



3. Brown beef

Pat steak dry, then thinly slice.

Heat 1 tablespoon oil in a medium nonstick skillet over medium-high. Add sliced beef and cook, without stirring, until well browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 more minutes. Transfer to a plate until step 5.



4. Cook onions & peppers

Heat 1 tablespoon oil in same skillet over medium-high. Add onions, peppers, and a pinch each of salt and pepper. Cook, covered, until softened and lightly browned, 4–5 minutes. Stir in chopped garlic and 3/3 of the scallions.



5. Finish stir-fry & serve

To skillet with **veggies**, stir in **beef, teriyaki sauce**, and ¼ **cup water**; bring to a simmer over medium-high. Cook, stirring, until sauce is slightly thickened, 1–2 minutes. Season to taste with **salt** and **pepper**. Fluff **rice** with a fork.

Serve **pepper beef** over **rice** with **remaining scallions** sprinkled over top. Enjoy!



6. Crunch, crunch!

We love a dish with layers of texture and flavor. To add a bit of crunch, sprinkle chopped cashews, peanuts, or toasted sesame seeds over top before serving.