# **DINNERLY**



# Thai Beef & Coconut Brown Rice

with Shredded Lettuce





We deconstructed one of our favorite dishes—lettuce wraps—and turned it into an eat-it-with-a-fork (not your hands) dinner. Ground beef is cooked in a sauce spiked with sweet chili garlic sauce, one of the most flavorful condiments on earth. It's served up with coconut rice for that add tropical feel. We've got you covered! 315

#### WHAT WE SEND

- ½ oz unsweetened shredded coconut ¹
- 5 oz brown rice
- · 1 romaine heart
- · 2 scallions
- · 3 oz Thai sweet chili sauce
- 10 oz pkg grass-fed ground beef

#### WHAT YOU NEED

- olive oil
- garlic
- white wine vinegar (or apple cider vinegar)
- kosher salt & ground pepper

#### **TOOLS**

- · small saucepan
- medium skillet

#### **ALLERGENS**

Tree Nuts (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 800kcal, Fat 31g, Carbs 87g, Protein 35g



#### 1. BROWN RICE VARIATION

Heat 2 teaspoons oil in a small saucepan over medium-high. Add shredded coconut; cook, stirring, until lightly toasted, about 1 minute. Transfer to a small bowl and set aside. Fill same saucepan with salted water and bring to a boil over high heat. Add rice and boil (like pasta!), stirring occasionally, until just tender, 35–40 minutes. Drain; return to saucepan off heat.



# 2. Prep ingredients

Cut **lettuce** crosswise into ¼-inch wide ribbons, discarding end. Trim ends from **scallions**, then thinly slice. Finely chop **2 teaspoons garlic**.



## 3. Prep sauce

In a medium bowl, stir to combine sweet chili sauce, 3 tablespoons vinegar, ¼ cup of the scallions, and 1 teaspoon of the chopped garlic; season with salt and pepper.



## 4. Cook beef

Heat 2 teaspoons oil in a medium skillet over high until shimmering. Add beef and remaining chopped garlic; cook, breaking up meat into smaller pieces, until browned and cooked through, about 3 minutes. Stir in sauce and cook until bubbly and slightly thickened, 1–2 minutes; season to taste with salt and pepper.



5. Finish & serve

Add **toasted coconut** to saucepan with **rice** and stir to incorporate.

Serve **shredded lettuce** topped with **coconut brown rice** and **Thai beef**. Sprinkle **remaining scallions** over top. Enjoy!



# 6. Take it to the next level

Add some crunchy pickled veggies, like shredded carrots and radishes! Thinly slice veggies into rounds. In a large bowl, whisk to combine 2 tablespoons vinegar, ¼ cup oil, and a generous pinch each salt, pepper, and sugar. Add veggies, tossing to coat. Set aside while you cook through the recipe or make in advance to pickle overnight.