

# DINNERLY



## Espresso Rubbed Steak with Garlicky Roasted Brussels Sprouts



30-40min



2 Servings

It's the most romantic time of the year, and we can't help but fall in love with tonight's dinner. Espresso and steak might not seem like they go together, but it works on so many levels. The acidity in coffee tenderizes these juicy ranch steaks to perfection. We guess you could say we're buzzing about it. We've got you covered!



### WHAT WE SEND

- ½ lb Brussels sprouts
- ¼ oz espresso powder
- ¼ oz chorizo chili spice blend
- ¼ oz granulated garlic
- ½ lb pkg sirloin steak

### WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- butter <sup>7</sup>

### TOOLS

- rimmed baking sheet
- medium heavy skillet (preferably cast-iron)

### ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

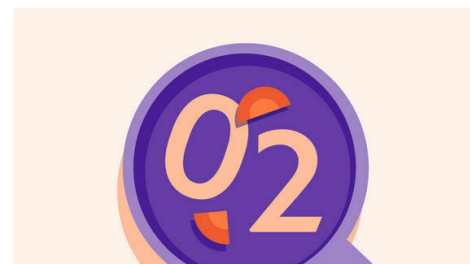
### NUTRITION PER SERVING

Calories 480kcal, Fat 37g, Carbs 17g, Protein 23g



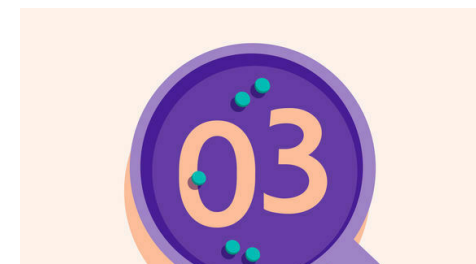
#### 1. BRUSSELS VARIATION

Preheat oven to 450°F with a rack in the upper third. Trim ends from **Brussels sprouts**; remove any tough outer leaves, if necessary. Cut in half (or quarter, if large). Toss on a rimmed baking sheet with **2 tablespoons olive oil**; season with **salt** and **pepper**. Roast on upper oven rack until tender and charred in spots, 12–18 minutes.



#### 2. Prep spice rub & garlic

While Brussels sprouts roast, combine **2 teaspoons espresso powder**, **2 teaspoons chorizo chili spice**, **½ teaspoon salt**, and **¼ teaspoon ground pepper** in a small bowl.



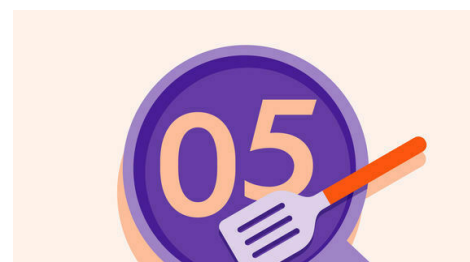
#### 3. Cook steaks

Pat **steaks** dry, then rub all over with **spice rub**. Heat **1 tablespoon** each of **butter** and **olive oil** in a medium skillet, preferably cast-iron, over medium-high. Add **steaks** and cook until lightly charred and medium-rare, 2–3 minutes per side (or longer for desired doneness). Transfer steaks to a cutting board to rest, about 5 minutes. Reserve skillet for step 5.



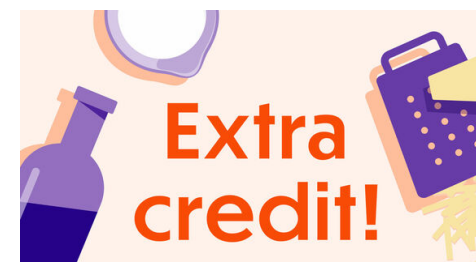
#### 4. Add garlic to Brussels

Once **Brussels sprouts** have finished roasting, add **½ teaspoon granulated garlic** and a **drizzle of oil** to baking sheet. Use tongs or a spoon to carefully toss to combine. Return Brussels sprouts to lower oven rack and roast until garlic is fragrant, about 1 minute more.



#### 5. Make pan sauce & serve

Melt **2 tablespoons butter** in reserved skillet over medium heat. Remove from heat and stir in **any resting juices** from cutting board. Thinly slice steak if desired. Serve **espresso steak** with **pan sauce** drizzled over top and with **garlic Brussels sprouts** alongside.



#### 6. Whip up a quick aioli!

Finish off the plate with a side of cool, creamy garlic aioli for dipping. Stir together mayo, fresh lemon juice, grated garlic, a squeeze of Dijon, and a pinch each of salt and pepper.