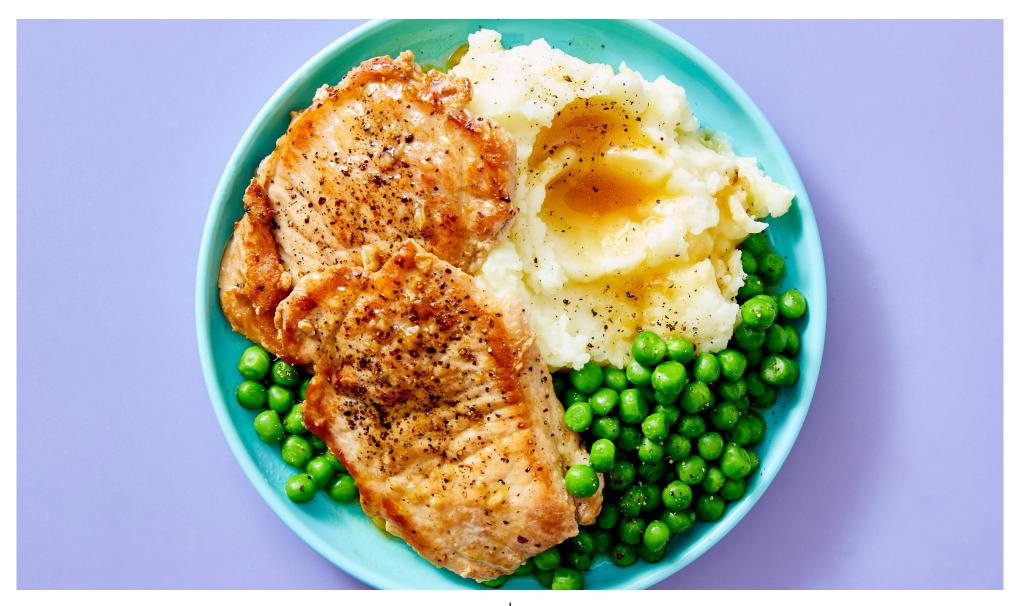
# **DINNERLY**



# Honey-Garlic Chicken Cutlet

with Mashed Potatoes & Peas



20-30min 2 Servings



Honey and garlic might seem like an unlikely pairing, but just trust them they know how to make it work. What's their secret to making the relationship last? Getting drizzled over a juicy chicken cutlet with a classic side of mashed potatoes and peas. We've got you covered!

#### **WHAT WE SEND**

- · 2 potatoes
- 10 oz pkg boneless, skinless chicken breast
- 2 (1/2 oz) honey
- 5 oz peas
- · 2 (1 oz) sour cream 1

#### WHAT YOU NEED

- kosher salt & ground pepper
- garlic
- neutral oil
- apple cider vinegar (or white wine vinegar)
- butter<sup>1</sup>

#### **TOOLS**

- · medium saucepan
- medium skillet
- microwave
- potato masher or fork

#### **ALLERGENS**

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### **NUTRITION PER SERVING**

Calories 670kcal, Fat 30g, Carbs 60g, Protein 41g



## 1. Boil potatoes

Scrub potatoes (peel, if desired), then cut into 1-inch pieces; place in a medium saucepan with enough salted water to cover by 1 inch. Cover and bring to a boil over high heat. Uncover and cook until easily pierced with a fork, 8–12 minutes. Reserve ½ cup cooking water, then drain and return potatoes to saucepan. Cover to keep warm off heat until step 5.



#### 2. CHICKEN VARIATION

Finely chop 2 teaspoons garlic.

Pat **chicken** dry, then pound to an even ¼-inch thickness; season all over with **salt** and **pepper**. Heat **1 tablespoon oil** in a medium skillet over medium-high. Working in batches if necessary, cook chicken until browned and just cooked through, 2–3 minutes per side. Transfer to a plate.



#### 3. Make pan sauce

Return skillet to medium heat. Add chopped garlic and 2 teaspoons oil; cook, stirring, until fragrant, 30 seconds. Add ¼ cup water; bring to a simmer, scraping up browned bits. Stir in all the honey and ½ teaspoon vinegar; cook until sauce is thickened, 2 minutes. Off heat, melt in 1 tablespoon butter. Season to taste. Return chicken to skillet; turn to coat in sauce.



4. Microwave peas

In a medium microwave-safe bowl, add peas and 1 tablespoon butter; season with salt and pepper. Microwave on high until butter is melted and peas are warmed through and glossy, 2–3 minutes. Gently toss to combine and season to taste with salt and pepper.



5. Mash potatoes & serve

Use a potato masher or fork to mash potatoes in saucepan. Stir in all of the sour cream and reserved cooking water.
Season to taste with salt and pepper.

Serve chicken cutlets over mashed potatoes with peas alongside. Spoon honey-garlic sauce over top. Enjoy!



6. Did you know?

Although reducing food waste is a top priority, sometimes in spite of best efforts, we end up with more (ingredients or food) than we need. When that happens, we still make sure it doesn't go to waste. One way of ensuring all of our nutritious food ends up on a table is by donating to local charities like Table to Table and Grace Place.