



## Low-Carb Meatball Parm with Roasted Zucchini

& Ready to Heat Meatballs



under 20min



2 Servings

Dinner needs to be on the table ASAP. Do you A) Order take-out for the umpteenth time? Or B) Make this meatball parm and zucchini? Personally, we'd choose B. This dish requires minimal prepwork—just broil the zucchini, brown the meatballs, and assemble the parm. Enjoy your Dinnerly without the stress or mess! We've got you covered!

## WHAT WE SEND

- 2 zucchini
- ½ lb pkg ready to heat beef meatballs <sup>1,2,3,4</sup>
- 8 oz marinara sauce
- 2 oz shredded fontina <sup>3</sup>

## WHAT YOU NEED

- olive oil
- kosher salt & ground pepper

## TOOLS

- rimmed baking sheet
- small ovenproof skillet

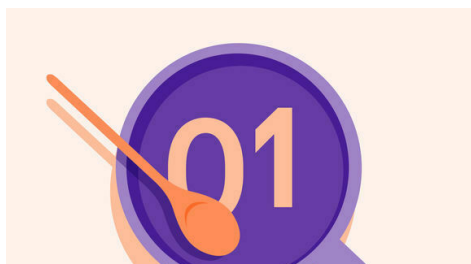
## ALLERGENS

Egg (1), Wheat (2), Milk (3), Soy (4). May contain traces of other allergens.

Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

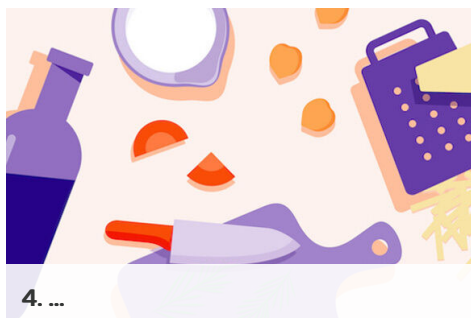
Calories 540kcal, Fat 38g, Carbs 25g, Protein 28g



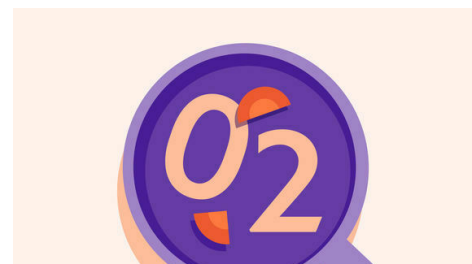
### 1. ZUCCHINI VARIATION

Preheat broiler with a rack in the upper third.

Cut **zucchini** into ½-inch rounds. Toss on a rimmed baking sheet with **1 tablespoon oil** and **a pinch each of salt and pepper**. Broil on upper oven rack until lightly charred and browned in spots, flipping halfway through cooking time, 6–8 minutes (watch closely as broilers vary).



What were you expecting, more steps?

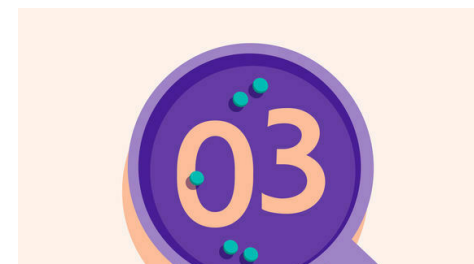


### 2. Brown meatballs, assemble

Heat **1 tablespoon oil** in a small ovenproof skillet over medium-high. Add **meatballs** and cook, stirring occasionally, until browned, 2–3 minutes. Reduce heat to low; stir in **marinara sauce** and **¼ cup water** until meatballs are coated in sauce; bring to a simmer. Remove from heat and sprinkle **cheese** evenly over top.



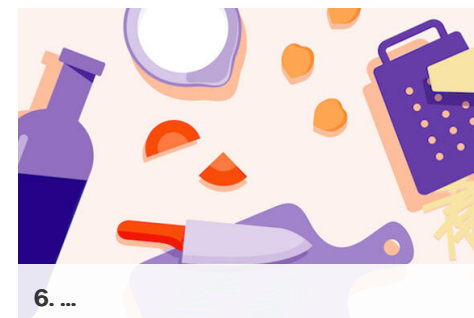
You're not gonna find them here!



### 3. Broil & serve

Broil **meatball Parm** on upper oven rack until **cheese** is melted, **sauce** is bubbling, and **meatballs** are warmed through, about 2 minutes (watch closely).

Serve **meatball Parm** with **roasted zucchini** alongside. Enjoy!



Kick back, relax, and enjoy your Dinnerly!