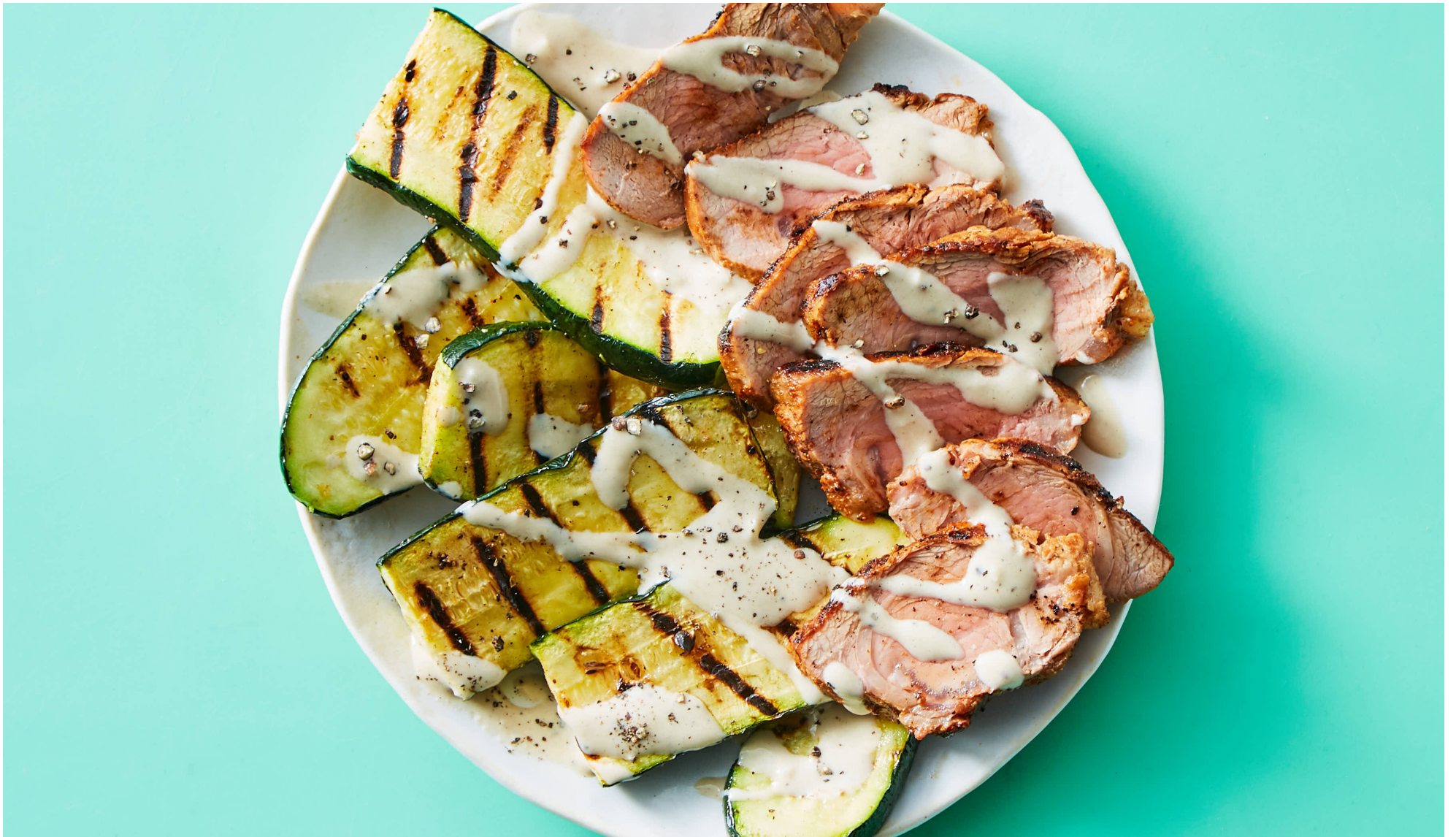


# DINNERLY



## Grilled Harissa Chicken & Zucchini with Creamy Tahini Sauce



20-30min



2 Servings

All a lean chicken breast needs is a little bit of flavor love—which is exactly what we're giving it here in the form of a harissa spice blend. Seasonal strips of zucchini dressed with a tahini drizzle make this a light, easy weeknight meal. We've got you covered!

### WHAT WE SEND

- 10 oz pkg boneless, skinless chicken breast
- ¼ oz harissa spice blend
- 2 zucchini
- 1 oz tahini <sup>1</sup>
- ¼ oz granulated garlic

### WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- apple cider vinegar

### TOOLS

- grill or grill pan

### ALLERGENS

Sesame (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### NUTRITION PER SERVING

Calories 410kcal, Fat 25g, Carbs 13g, Protein 39g



#### 1. CHICKEN VARIATION

Heat a grill or grill pan to high.

Pat **chicken** dry, then season all over with **salt, pepper**, and **1 teaspoon harissa spice blend**.

Trim ends from **zucchini** and halve crosswise; slice lengthwise into ½-inch thick planks. Toss in a large bowl with **1 tablespoon oil** and a **pinch each of salt and pepper**.



#### 2. Grill chicken & zucchini

Reduce grill or grill pan heat to medium and lightly **oil** grates. Working in batches if necessary, add **chicken** and **zucchini**. Cover and grill, until chicken is slightly charred and cooked through, 3–4 minute per side, and zucchini is tender and slightly charred in spots, 8–10 minutes.

Transfer chicken to a cutting board and let rest before slicing. Transfer zucchini to plates.



#### 3. Make tahini sauce & serve

In a small bowl, whisk to combine **tahini**, a **pinch of granulated garlic**, **1 tablespoon oil**, and **1 teaspoon vinegar**. Slowly whisk in **2 tablespoons water** until creamy; season to taste with **salt** and **pepper**.

Serve **harissa chicken** and **zucchini** drizzled with **tahini sauce**. Enjoy!



#### 4. No grill? No problem!

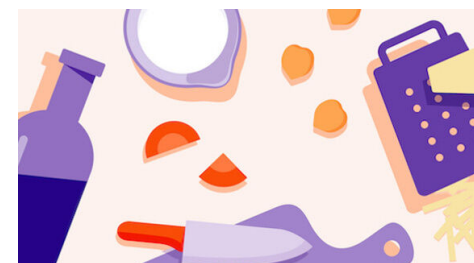
Preheat broiler with a rack in the top position. Broil zucchini on a rimmed baking sheet until tender and charred in spots, flipping halfway through, about 8 minutes.

Heat 1 tablespoon oil in a medium skillet over medium-high. Add chicken and cook until golden brown and cooked through, 3–4 minutes per side.



#### 5. ...

What were you expecting, more steps?



#### 6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!