## **DINNERLY**



# Family Friendly! Cheesy Chicken & Rice Bake

with Broccoli & Crunchy Parm Panko







Broccoli and cheddar: a combination you've seen on the soup menu. Or maybe (if you're feeling wild), you've put 'em together on a baked potato. But here we are, pulling out all the stops, with a one skillet chicken and rice bake with creamy cheddar and tender broccoli. Crispy parm panko finishes it all off with a crunch, because you know what we always say...We've got you covered! (2p serves 4; 4p serves 8)

#### **WHAT WE SEND**

- 1 yellow onion
- · 1lb broccoli
- 2 (10 oz) pkgs cubed chicken thighs
- 10 oz jasmine rice
- 2 pkts chicken broth concentrate
- · 2 (1/4 oz) ranch seasoning 2
- · 3 (1 oz) panko 1
- 3/4 oz Parmesan 2
- 3 (2 oz) shredded cheddarjack blend<sup>2</sup>

#### WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- 6 Tbsp unsalted butter 2

#### **TOOLS**

- microwave
- large ovenproof skillet

#### **ALLERGENS**

Wheat (1), Milk (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 980kcal, Fat 45g, Carbs 91g, Protein 52g



### 1. Prep ingredients

Preheat oven to 400°F with a rack in the center. Finely chop onion. Cut broccoli into 1-inch florets, if necessary. Microwave broccoli, covered, in a large bowl until bright green and tender, 2–4 minutes. Season to taste with salt and pepper; set aside. Pat chicken dry; season all over with salt and pepper.



#### 2. Cook chicken

In a large ovenproof skillet, heat 2 tablespoons oil over high until shimmering; add chicken in a single layer. Cook, flipping pieces occasionally, until browned in spots, 2–3 minutes; transfer to a bowl. Lower heat to medium; add 2 tablespoons butter to skillet. Add onions and cook until softened, scraping up any browned bits, 5–7 minutes.



3. Cook rice

Add rice to skillet and cook, stirring constantly, until rice is translucent, about 1 minute. Add 4½ cups water, broth concentrate, ranch seasoning, and reserved chicken and any accumulated juices; bring to a simmer over high heat. Lower heat to medium-low and cook, stirring occasionally, until rice is nearly cooked through and liquid is mostly absorbed, about 20 minutes.



4. Top rice

In a medium bowl, microwave 4 tablespoons butter until melted. Add panko and Parmesan; mix until evenly combined

Remove rice from heat and stir in cheddar-jack cheese until melted; season to taste with salt and pepper. Stir in broccoli; scrape down sides of skillet with spatula. Top with panko mixture.



5. Bake & serve

Bake skillet on center rack until **sauce** is bubbling around edges and top is golden brown, about 20 minutes. Cool for at least 5 minutes before digging in. Enjoy!



6. Make it saucy!

We love the cheesy ranch vibes in this one skillet dinner. Double down on those flavz with a drizzle of ranch, or add a hint of spice with a hit of your favorite hot sauce. We'll never judge you for saucing it up!