# MARLEY SPOON



## **Beef Gyudon**

with Steamed Rice & Pickled Daikon





Gyudon is a Japanese-style rice bowl topped with steamed beef. We use tender beef strips cooked in a rich ramen-style broth with aromatic ginger. Quickpickled daikon radish is the perfect crisp and tangy topping to complement this umami-forward bowl. A sprinkle of shichimi togarashi, a spicy Japanese seasoning blend that includes spices like chilies, sesame seeds, orange peel, and nori, adds the perfect hint of heat.

#### What we send

- 5 oz jasmine rice
- 1 daikon radish
- 1 oz rice vinegar
- 2 scallions
- 1 yellow onion
- 1 piece fresh ginger
- 1 oz mirin
- 1½ oz pork ramen base 1,2
- 10 oz pkg beef strips
- ¼ oz shichimi togarashi ³

### What you need

- kosher salt & ground pepper
- sugar

#### **Tools**

- small saucepan
- · microplane or grater
- medium skillet

#### **Allergens**

Soy (1), Wheat (2), Sesame (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 580kcal, Fat 9g, Carbs 92g, Protein 30g



#### 1. Cook rice

In a small saucepan, combine **rice** with **1½ cups water**, and **½ teaspoon salt**Bring to a boil. Cover and cook over low until rice is tender and liquid is absorbed, about 17 minutes. Remove from heat and keep covered until ready to serve.



#### 2. Pickle daikon

Peel daikon radish, then halve lengthwise and slice into thin half-moons. In a medium bowl, whisk to combine rice vinegar and 1 tablespoon sugar; season with salt. Add daikon to bowl and set aside to pickle, stirring occasionally, until step 6.



3. Prep ingredients

Trim **scallions**; cut crosswise into 3-inch lengths, then thinly slice lengthwise and transfer to a small bowl with ice water. Halve and thinly slice **all of the onion**. Finely grate **2 teaspoons ginger**.



4. Make broth

In a medium skillet, combine **onions**, **mirin**, **ramen base**, and ½ **cup water**. Bring to a simmer over medium heat. Continue to cook, stirring occasionally, until onions are softened, about 5 minutes.



5. Cook beef strips

Add **beef** and **grated ginger** to skillet with **broth**. Cook, stirring and breaking meat up into large 2-inch pieces, until beef is cooked through and liquid is reduced by about half (should be an intensely flavored broth), 3-5 minutes.



6. Finish & serve

Fluff rice with a fork. Serve rice topped with beef and broth. Garnish with sliced scallions, pickled daikon, some of the pickling liquid, and shichimi togarashi (taste it first, it's spicy!). Enjoy!