

DINNERLY



Thai Lemongrass Grilled Chicken with Cauliflower Rice & Cucumber-Peanut Salad



20-30min



2 Servings

Consider spices the ultimate glow up in the kitchen—the right seasoning can completely transform a simple meal into an applause-worthy dinner. The star of this meal is Thai lemongrass spice, a unique blend that adds major flavor to lean grilled chicken breasts. Throw in a pile of cauliflower rice and a zesty cucumber-peanut salad and you're in business. No grill? See cooking tip. We've got you covered!

WHAT WE SEND

- 12 oz cauliflower rice
- 1 cucumber
- 1 lime
- 1 oz salted peanuts¹
- ¼ oz fresh cilantro
- 10 oz pkg boneless, skinless chicken breast
- ¼ oz Thai lemongrass spice^{2,3,4}

WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- distilled white vinegar (or apple cider vinegar)
- sugar

TOOLS

- microwave
- grill or grill pan
- meat mallet (or rolling pin)

COOKING TIP

Cook chicken in an oiled skillet over medium-high until cooked through, 3–4 minutes per side.

ALLERGENS

Peanuts (1), Sesame (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 410kcal, Fat 19g, Carbs 24g, Protein 41g



1. CAULI RICE VARIATION

Add **cauliflower rice** to a medium bowl. Cover and microwave until just tender, stirring halfway through, 5–7 minutes. Season to taste with **salt** and **pepper**. Keep covered until ready to serve.

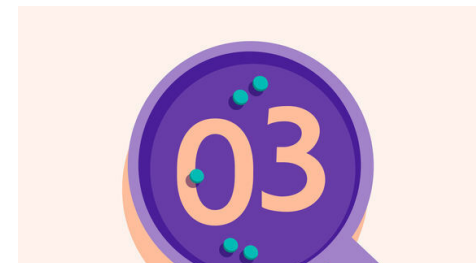


2. Prep ingredients

Preheat a grill or grill pan over high.

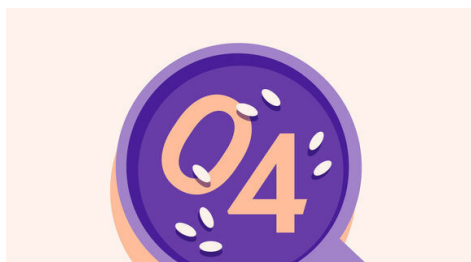
Peel **cucumber**, if desired. Halve lengthwise, then thinly slice into half moons. Cut **lime** into 6 wedges. Using a mallet or rolling pin, crush **peanuts** in bag. Pick **cilantro leaves** from **stems**; thinly slice stems.

Pat **chicken** dry. Brush with **oil** and season all over with **salt** and **pepper**.



3. Make cucumber salad

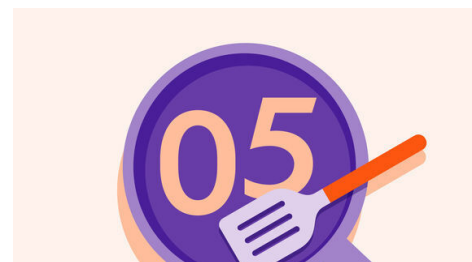
In medium microwave-safe bowl, combine **2 tablespoons water**, **2 teaspoons each of vinegar and sugar**, and **½ teaspoon salt**. Microwave until sugar and salt dissolve, about 30 seconds. Add **cucumbers**, **peanuts**, **juice from 2 lime wedges**, and **cilantro stems**; toss to coat.



4. Grill chicken

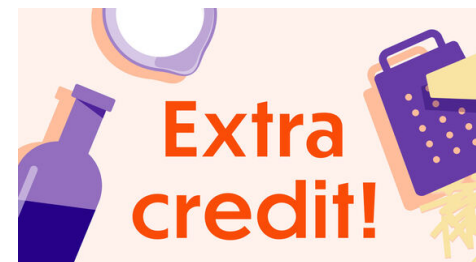
In a medium bowl, combine **Thai lemongrass spice** and **1½ tablespoons oil**.

Add **chicken** to grill or grill pan and cook until lightly charred and cooked through, 3–4 minutes per side. Lightly brush all over with **lemongrass oil** and cook, turning, until fragrant and charred in spots, about 1 minute more. Transfer to bowl with **lemongrass oil** and toss to coat.



5. Serve

Serve **chicken** with **cauliflower rice** and **cucumber salad** alongside. Garnish with **cilantro leaves** and serve with **remaining lime wedges**. Enjoy!



6. Add some heat!

Add some spice to this dish by drizzling on Sriracha or sprinkling it with red pepper flakes.