DINNERLY



Chicken & Gravy

with Extra Chicken! Buttery Veggies & Rice





This American retro classic will always be welcome on our tables, especially with this quick and simple preparation. Buttery carrots and peas accompany tender chicken breasts and steamy jasmine rice, but the real star of the plate is the sauce. Sour cream and mushroom seasoning create a lip-smacking gravy that we spoon over the chicken and sop up with the rice. We've got you covered!

WHAT WE SEND

- 5 oz jasmine rice
- 1 carrot
- · 2½ oz peas
- 12 oz pkg boneless, skinless chicken breasts
- ¼ oz mushroom seasoning
- 1 oz sour cream ⁷

WHAT YOU NEED

- kosher salt & ground pepper
- · olive oil
- butter ⁷

TOOLS

- · small saucepan
- medium skillet

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 650kcal, Fat 21g, Carbs 68g, Protein 46g



1. Cook rice

In a small saucepan, combine rice, 1½ cups water, and ½ teaspoon salt. Bring to a boil. Cover and cook over low heat until rice is tender and liquid is absorbed, about 17 minutes. Keep covered until ready to serve.



2. Cook carrots

Quarter **carrot** lengthwise and cut into V_2 -inch pieces.

Heat 2 teaspoons oil in a medium skillet over medium-high. Add carrots and season with salt and pepper. Cook, stirring occasionally, until just starting to brown. Reduce heat to medium-low and add 3 tablespoons water. Cover skillet and steam carrots until just tender, 2–4 minutes.



3. Cook peas

Add **peas** and **1 tablespoon butter**. Cook, stirring, until butter is melted and peas are warmed through, about 2 minutes. Season to taste with **salt** and **pepper**. Transfer veggies to a bowl and cover to keep warm.



4. Cook chicken

Pat **chicken** dry and season with **salt** and **pepper**.

Heat 1 tablespoon oil in same skillet over medium-high. Add chicken and cook until browned and cooked through, 3–5 minutes per side. Transfer to a plate.



5. Make sauce & serve

Reduce heat to medium. Add ½ cup water; bring to a simmer, scraping up any browned bits from the bottom. Add sour cream and mushroom seasoning. Cook, stirring, until melted. Season to taste with salt and pepper. Fluff rice; stir in 1 tablespoon butter, if desired.

Serve **chicken** with **mushroom sauce** over top alongside **rice** and **veggies**. Enjoy!



6. Check us out!

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