MARLEY SPOON



Grilled Sirloin Steak & Spiced Citrus Butter

with Charred Corn Salad

20-30min 2 Servings

If you don't have a grill or grill pan, preheat the broiler with a rack in the top position. Add corn to a baking sheet and broil, 5-10 minutes. Add scallions to the sheet for the last 1-2 minutes. Heat 1 tablespoon oil in a skillet over medium-high. Add steak and cook until medium-rare, 3-4 minutes per side (or longer for desired doneness).

What we send

- 1 orange
- 1 pkt crushed red pepper
- 2 scallions
- ¼ oz fresh mint
- 2 ears of corn
- garlic
- 10 oz pkg sirloin steaks

What you need

- butter ¹
- kosher salt & ground pepper
- neutral oil
- white wine vinegar (or apple cider vinegar)

Tools

- grill or grill pan
- box grater or microplane

Allergens

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 440kcal, Fat 26g, Carbs 28g, Protein 26g



1. Prep citrus butter

Preheat grill to high, if using. Take 2 tablespoons butter out to soften. Finely chop ½ teaspoon garlic. Into a small bowl, finely grate ½ teaspoon orange zest and squeeze 2 teaspoons orange juice.



2. Season citrus butter

To the small bowl with **orange zest and juice**, add **softened butter**, **garlic**, and **a pinch of the crushed red pepper flakes**; mash with a fork to combine. Season with **a pinch each of salt and pepper**.



3. Prep ingredients

Trim **scallions**. Pick **mint leaves** from stems, discarding stems. Pat **steak** dry, then lightly rub with **oil** and season all over with **salt** and **a few grinds of pepper**.



4. Char corn & scallions

Lightly **oil** a grill pan and preheat over high, if using. Rub **corn** and **scallions** with **oil**, then season with **a pinch each of salt and pepper**. Add corn and scallions to grill or grill pan. Cover and cook scallions until lightly charred, about 3 minutes, and corn until lightly charred all over and tender, 10-12 minutes. Transfer to a cutting board.



5. STEAK VARIATION

Add **steak** to grill or grill pan. Cook until lightly charred and medium-rare, 3-4 minutes per side (or longer for desired doneness). Transfer to a plate. Top grilled steak with **half of the spiced citrus butter**.



6. Finish & serve

In a medium bowl, whisk 1 tablespoon oil with 2 teaspoons vinegar. Cut corn kernels from cobs, chop scallions, and tear mint leaves, and stir into the bowl with dressing. Season to taste with salt and pepper. Top steak with remaining spiced citrus butter and serve salad alongside. Enjoy!