# MARLEY SPOON



# **Sweet & Sour Chicken**

with Rice & Peanuts



Inspired by our favorite Chinese take-out, this fast and flavorful dish hits all the right notes for a busy weeknight. We pair bell peppers and onions with quickcooking chicken strips-but the magic is in the sweet and sour sauce! Pineapple adds brightness and Sriracha adds a kick of sweet heat. Crunchy peanuts and fresh cilantro garnish the top. The result is quicker than delivery, and tastier too!

#### What we send

- 5 oz jasmine rice
- 1 bell pepper
- 1 yellow onion
- 10 oz pkg chicken breast strips
- 2 oz sweet & sour sauce <sup>2</sup>
- ¼ oz cornstarch
- 4 oz pineapple cup
- · 2 pkts Sriracha
- 1 oz salted peanuts <sup>1</sup>
- 1/4 oz fresh cilantro

# What you need

- kosher salt & ground pepper
- neutral oil

#### **Tools**

- small saucepan
- medium nonstick skillet

#### **Allergens**

Peanuts (1), Soy (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 720kcal, Fat 23g, Carbs 89g, Protein 43g



#### 1. Cook rice

In a small saucepan, combine **rice**, **1**½ **cups water**, and ½ **teaspoon salt** Bring to a boil, then cover and cook over low heat until rice is tender and liquid is absorbed, about 17 minutes. Remove from heat and keep covered until ready to serve.



### 2. Prep ingredients

Meanwhile, halve **pepper**, remove stem and seeds, and cut into 1-inch pieces. Halve **onion** and cut one half into 1-inch pieces (save rest for own use).



## 3. Sear veggies

Heat **1 tablespoon oil** in a medium nonstick skillet over medium-high. Add **veggies** and **a pinch each of salt and pepper**; cook, stirring occasionally, until softened and just starting to brown, 5-7 minutes. Transfer to bowl.

Meanwhile, pat **chicken strips** dry and season with **salt** and **pepper**.



4. Sear chicken strips

Heat **1 tablespoon oil** in same skillet over medium-high. Add **chicken strips** and cook, without stirring, until well browned on one side, about 3 minutes. Stir and continue to cook until chicken is cooked through, about 2 minutes more.

In a small bowl, whisk to combine **sweet** and sour sauce, 2 tablespoons water, and 1 teaspoon cornstarch.



5. Make sauce

To skillet with **chicken**, add **pineapple** and juice, sweet and sour sauce mixture, and 1-2 packets Sriracha, if desired; bring to a simmer, stirring, until sauce thickens (about 30 seconds). Reduce heat to medium-low.

Return **veggies** to skillet and turn to coat. If sauce is too thick, thin out with **water**, 1 tablespoon at a time. Season to taste with **salt** and **pepper**.



6. Finish & serve

Coarsely chop **peanuts**. Coarsely chop **cilantro leaves and stems**.

Fluff **rice** with a fork and spoon onto plates. Top with some of the **sweet and sour chicken**. Garnish with **chopped peanuts and cilantro**. Enjoy!