

# DINNERLY



## General Tso's Turkey Meatball Lettuce Cups

with Cauliflower Rice



20-30min



2 Servings

Put away the forks and knives, all you'll need are plates (and maybe some napkins) because you're eating with your best tools—your hands! Sweet and savory Thai sweet chili sauce, tamari, and ground turkey meatballs make for a pretty legit filling. Serve alongside cauliflower rice and crisp lettuce leaves, everyone can fill 'em up just how they like 'em. We've got you covered!

## WHAT WE SEND

- 12 oz cauliflower rice
- 1 romaine heart
- 3 oz Thai sweet chili sauce
- ½ oz tamari soy sauce <sup>2</sup>
- 10 oz pkg ground turkey
- ¼ oz granulated garlic
- 1 oz panko <sup>3</sup>

## WHAT YOU NEED

- kosher salt & ground pepper
- white wine vinegar (or apple cider vinegar)
- 1 large egg <sup>1</sup>
- neutral oil

## TOOLS

- small saucepan
- medium nonstick skillet

## ALLERGENS

Egg (1), Soy (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 550kcal, Fat 28g, Carbs 50g, Protein 37g



### 1. CAULI RICE VARIATION

Add **cauliflower rice** to a medium bowl. Cover and microwave until just tender, stirring halfway through, 5–7 minutes. Season to taste with **salt** and **pepper**. Keep covered until ready to serve.



### 2. Prep ingredients & sauce

Trim end from **romaine**, then halve crosswise and separate leaves; wrap leaves in a damp paper towel until ready to serve. In a small bowl, stir to combine **Thai sweet chili sauce**, **tamari**, ¼ cup **water**, and 1 teaspoon **vinegar**.



### 3. Prep & shape meatballs

In a medium bowl, lightly beat 1 large **egg**. Add **turkey**, ¼ teaspoon **granulated garlic**, 5 tablespoons of the **panko**, ½ teaspoon **salt**, and a few grinds of **pepper**, stirring to combine. Using damp hands, shape into 18 (1 tablespoon) meatballs. (The mixture will be slightly wet and meatballs won't be perfectly round).



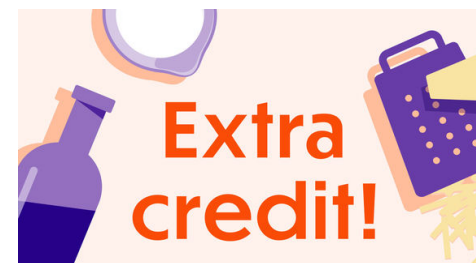
### 4. Cook meatballs in sauce

Heat 1 tablespoon **oil** in a medium nonstick skillet over medium-high. Add **meatballs**; cook until well browned all over and almost cooked through, 5–6 minutes. Add **sauce** and cook over medium heat, shaking pan to coat meatballs, until sauce is thickened, glossy, and coats the back of a spoon, about 2 minutes.



### 5. Finish & serve

Fluff **cauliflower rice** with a fork and transfer to a serving bowl. Top with **turkey meatballs** and **General Tso sauce**. Serve **romaine leaves** alongside to create your own **lettuce cups** at the table. Enjoy!



### 6. Make it ahead!

Meatballs can be shaped and held in the fridge up to 24 hours in advance. Let sit at room temp for 10 minutes before cooking.