# MARLEY SPOON

## **Beet Risotto**

with Pan-Seared Chicken Breast



2 Servings

1.

4.

5.

- 1 red beet
- 5 oz arborio rice
- ¾ oz Parmesan <sup>1</sup>
- 1 pkt chicken broth concentrate
- ¼ oz fresh mint
- 1 yellow onion
- 12 oz pkg boneless, skinless chicken breasts
- ¼ oz za'atar spice blend <sup>2</sup>

#### What you need

### Tools

#### Allergens

Milk (1), Sesame (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories Okcal

3.

6.