



## Coconut Chicken Buddha Bowl

with Peanut Dressing & Fried Shallots

 1h  2 Servings

Buddha bowls are one of our dinner go-to's with a general formula of grains, proteins, and vegetables. But there are no spoken-by-the-Buddha recipe rules. We combine fresh veggies, brown rice, and protein-packed chicken breast strips with tangy peanut sauce. We top off this bowl with fresh cilantro, shredded coconut, and crispy shallots for the spiritual lift your tastebuds need.



## What we send

- 5 oz brown rice
- 10 oz pkg chicken breast strips
- ¼ oz fresh cilantro
- 1 shallot
- 1 piece fresh ginger
- 2 (½ oz) unsweetened shredded coconut<sup>2</sup>
- 3 oz carrots
- 1 cucumber
- ½ oz chili garlic sauce
- 2 (1.15 oz) peanut butter<sup>1</sup>

## What you need

- neutral oil
- kosher salt
- white wine vinegar (or apple cider vinegar)
- sugar

## Tools

- medium saucepan
- fine-mesh sieve
- medium nonstick skillet
- box grater

## Allergens

Peanuts (1), Tree Nuts (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 910kcal, Fat 42g, Carbs 89g, Protein 49g



### 1. Boil rice & prep chicken

Fill a medium saucepan with **6 cups water** and bring to a boil. Add **rice** and cook (like pasta), stirring occasionally, until tender, 35–40 minutes. Drain, return to pot, and cover to keep warm. Pat **chicken** dry and season all over with **salt** and **pepper**.



### 2. Prep topping

While **rice** cooks, finely chop **cilantro stems**; keep **leaves** whole. Thinly slice **shallot**, separating into rings. Peel and finely chop **1 tablespoon ginger**. Add **coconut** to a medium nonstick skillet and cook over medium heat, stirring, until coconut is golden, about 2 minutes (watch closely). Transfer to a plate.



### 3. Fry shallot, make topping

Heat **⅛-inch oil** in same skillet over medium-high until shimmering. Add **shallot rings** and cook, stirring, until golden, 3–5 minutes (watch closely). Carefully strain **shallot oil** into a heatproof bowl (reserve shallot oil for steps 4–6). Transfer leftover fried shallots to plate with **coconut**. Add **cilantro stems** and a **pinch of salt**; toss to combine. Reserve skillet.



### 4. Prep vegetables & sauce

Coarsely grate **carrot** into a small bowl and toss with **1 teaspoon each of the shallot oil and vinegar**; season with **salt**. Peel **cucumber**, halve lengthwise, and thinly slice into half-moons. In a second small bowl, combine the **chili garlic sauce**, **all of the peanut butter**, **½ cup water**, **1 tablespoon vinegar**, **1½ teaspoons sugar**, and **½ teaspoon salt**.



### 5. Cook chicken

Heat **2 tablespoons shallot oil** in reserved skillet over medium-high until shimmering. Add **chicken** in a single layer and cook, undisturbed, until browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 minutes more. Transfer to a plate.



### 6. Make dressing & serve

Add **1 tablespoon shallot oil** and **chopped ginger** to same skillet; cook over medium heat, stirring, until fragrant, 30 seconds. Stir in **sauce**; bring to a simmer. Cook until slightly thickened, 1–3 minutes. Spoon **rice** into bowls, top with **carrots**, **cucumbers**, and **chicken**, and drizzle with **dressing**. Garnish with **cilantro leaves** and **crispy shallot topping**. Enjoy!