# **DINNERLY**



# Jerk Beef & Pineapple

with Coconut Rice & Cucumber Relish





Doesn't matter what the weather's like outside your window when you have this bright and sunny bowl of goodness in front of you. Beef strips and pineapple get the jerk treatment—an earthy blend of spices that hails from the Caribbean. That's already a whole lotta flavor, but it couldn't go better with fluffy coconut rice and zingy marinated cucumbers. We've got you covered!

# WHAT WE SEND

- ½ oz unsweetened shredded coconut ²
- 5 oz jasmine rice
- 1 cucumber
- 2 scallions
- ½ lb pkg sirloin steak
- ¼ oz jerk seasoning <sup>1,3</sup>
- · 4 oz pineapple cup

#### WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper
- sugar
- garlic
- apple cider vinegar (or white wine vinegar)

# **TOOLS**

- · small saucepan
- medium nonstick skillet

#### **ALLERGENS**

Soy (1), Tree Nuts (2), Wheat (3). May contain traces of other allergens.
Packaged in a facility that packages gluten containing products.

# **NUTRITION PER SERVING**

Calories 690kcal, Fat 30g, Carbs 80g, Protein 24g



#### 1. Togst coconut

Heat 1 tablespoon oil in a small saucepan over medium-high until shimmering. Add coconut and toast, stirring, until goldenbrown and fragrant, 1–2 minutes (watch closely as it may burn easily).



# 2. Cook rice

To saucepan with coconut, add rice, 1½ cups water, and ½ teaspoon each of salt and sugar; bring to a boil over high heat. Cover and cook over low until rice is tender and water is absorbed, about 17 minutes. Cover to keep warm off heat until ready to serve.



# 3. Make cucumber relish

Finely chop ½ teaspoon garlic. Halve cucumber lengthwise (peel if desired); scoop out seeds, then cut into small ½-inch pieces. Trim scallions, then thinly slice.

In a medium bowl, whisk to combine 2 tablespoons vinegar, 1 tablespoon each of oil and water, 1 teaspoon sugar, and ½ teaspoon salt. Stir in cucumbers and chopped garlic; set aside to marinate until ready to serve.



4. BEEF VARIATION

Pat **steaks** very dry and thinly slice. Season with **jerk seasoning**.

Heat 1 tablespoon oil in a medium nonstick skillet over medium-high. Add beef and cook, stirring occasionally, until browned in spots and almost cooked through, 3–4 minutes. Add pineapple and its juices; cook, stirring occasionally, until thickened and saucy, about 4 minutes.



5. Finish & serve

Fluff rice with a fork. Stir scallions into relish.

Serve jerk beef and pineapple over coconut rice with cucumber relish alongside. Enjoy!



6. Lime juice!

Nothing brightens up a dish like a little citrus, so cut some lime wedges for squeezing over top!