

## Fall Big Batch: Autumn Beef Stew

with Parsnips, Carrots, & Potatoes



2 Servings

### What we send

- 2 (½ lb) pkgs ready to heat shredded beef <sup>2,3</sup>
- 2 oz sautéed mirepoix
- ¼ oz fresh thyme
- 2 pkts beef broth concentrate
- 6 oz tomato paste
- 1 lb baby potatoes
- 1 medium bag carrots
- 2 parsnips
- ¼ oz fresh parsley
- ¼ oz mushroom seasoning
- 1½ oz pkt Worcestershire sauce <sup>1</sup>
- 2 (¼ oz) gelatin

### What you need

#### Tools

#### Allergens

Fish (1), Soy (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 0kcal

1.

Sauce: 1 Tbsp flour. 2½ cups water. .5 oz gelatin. 1 Tbsp W sauce.

350 °F. Bake for 45 minutes.

4.

2.

5.

3.

6.