# **DINNERLY**



# Lemony Chicken & Green Beans

with Roasted Garlic Potatoes



30-40min 2 Servings



Chicken and green beans are already the best of friends. All we did was invite along a few more pals: a chicken Francese-style batter, a lemony pan sauce, and roasted potatoes topped with garlic oil. That's because this party is BYOF—bring your own flavor—and Dinnerly is always the life of that kind of party. We've got you covered!

## **WHAT WE SEND**

- · 2 potatoes
- 1/4 oz granulated garlic
- ½ lb green beans
- 1 lemon
- 1 pkt chicken broth concentrate
- 10 oz pkg boneless, skinless chicken breast

#### WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- 1 large egg <sup>1</sup>
- ½ cup all-purpose flour 3
- butter<sup>2</sup>

#### **TOOLS**

- · rimmed baking sheet
- · microplane or grater
- meat mallet (or heavy skillet)
- medium skillet

# **COOKING TIP**

When frying, make sure your oil is hot: it should reach 350°F with an oil thermometer. Or drop a pinch of flour into the oil—it should sizzle vigorously. Careful, oil may splatter while frying!

#### **ALLERGENS**

Egg (1), Milk (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## **NUTRITION PER SERVING**

Calories 790kcal, Fat 35g, Carbs 75g, Protein 47g



# 1. Roast garlic potatoes

Preheat oven to 450°F with a rack in the lower third.

Scrub potatoes; cut into 1-inch cubes. Toss on a rimmed baking sheet with 1 tablespoon oil and a pinch each of salt and pepper. Roast until golden, 10–12 minutes.

In a small bowl, stir together 1 tablespoon oil and 1/2 teaspoon granulated garlic. Flip potatoes; brush with garlic oil. Cook until crisp, 7–9 minutes.



2. GREEN BEAN VARIATION

While **potatoes** roast, trim ends from **green** beans.

In a liquid measuring cup, finely grate 1 teaspoon lemon zest and squeeze 1 tablespoon lemon juice. Whisk in chicken broth concentrate and ½ cup water. Set aside for step 5.



3. Prep chicken

In a shallow bowl, beat 1 large egg, 1 tablespoon water, and a pinch each of salt and pepper.

In a second bowl, combine  $\frac{1}{2}$  cup flour and a pinch each of salt and pepper .

Pat **chicken** dry, then pound to an even ¼-inch thickness. Press into **flour mixture**, tapping off excess, then dip into **egg mixture**. Press into flour once more, coating well, and tap off excess.



4. Cook green beans; chicken

Heat 1 tablespoon oil in a medium skillet over medium-high. Add green beans and 2 tablespoons water; cover and cook until tender, 2–3 minutes. Season to taste.

Transfer to a bowl; wipe out skillet.

Heat %-inch oil in skillet until shimmering (see cooking tip!). Add chicken; fry until golden and cooked through, 3–4 minutes per side. Transfer to a paper towel-lined plate.



5. Make sauce & serve

Let skillet cool for 1 minute, then discard oil. Heat 1 tablespoon butter and broth mixture in same skillet over medium-high. Cook, whisking, until sauce is slightly thickened, about 2 minutes.

Serve fried chicken with green beans and roasted garlic potatoes alongside. Spoon lemony pan sauce over top. Enjoy!



6. Quick garlic aioli

Make a quick garlic aioli for dipping or to serve on the side. In a small bowl, mix to combine mayo, chopped garlic, lemon juice, and a drizzle of olive oil. Season to taste with salt and pepper.