# MARLEY SPOON



# **Vietnamese Caramel Heat & Eat Ribs**

with Garlic Bok Choy & Pickled Veggies





Did you know that caramel can satisfy both your savory and sweet tooth? We put this sugary amber gold to work by tossing it with garlic, fish sauce, and vinegar to coat fully cooked pork ribs. Scallions, chiles, and sesame oil complete the glaze that perfectly complements the pork along with the tender bok choy and fluffy jasmine rice. Pickled carrot and radish add a tangy bite to complete this hearty dish.

#### What we send

- 3 oz carrots
- 1 bag radishes
- 2 (1 oz) rice vinegar
- 5 oz jasmine rice
- ½ lb baby bok choy
- garlic
- 1 Fresno chile
- 2 scallions
- 12oz pkg fully cooked pork ribs
- ½ oz toasted sesame oil <sup>2</sup>
- ½ oz fish sauce 1

## What you need

- sugar
- kosher salt & ground pepper
- neutral oil
- distilled white vinegar (or apple cider vinegar)

### **Tools**

- box grater
- small saucepan
- · medium nonstick skillet

#### **Allergens**

Fish (1), Sesame (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 1180kcal, Fat 43g, Carbs 136g, Protein 44g



# 1. Pickle veggies

Peel **carrots**. Cut carrots and **radishes** into thin matchsticks (alternatively, grate on large holes of a box grater). Transfer to a shallow bowl, pressing to pack tightly.

In a small saucepan, combine **rice vinegar, 3 tablespoons sugar, ½ teaspoon salt**, and **¼ cup water**. Bring to a boil over high, whisking to dissolve sugar and salt. Pour over veggies; set aside until ready to serve.



2. Cook rice

Rinse out saucepan. In saucepan, combine **rice** and **1**1⁄4 **cups water**; bring to a boil over high heat. Cover and cook over low heat until rice is tender and water is absorbed, 17–20 minutes. Rest, covered, off heat, for at least 10 minutes.

Trim ends from **bok choy**, then separate into individual leaves. Rinse well under cold water to remove any grit.



3. Prep ingredients

Finely chop 1½ tablespoons garlic.
Thinly slice half of the chile (remove seeds for less heat). Trim scallions; thinly slice on an angle, keeping dark greens separate. Scrape any congealed juices off ribs and reserve; cut ribs in between bones to separate.

In a medium nonstick skillet, heat 1 tablespoon neutral oil over medium until shimmering; add ½ tablespoon garlic.



4. Cook bok choy

Cook **garlic**, stirring frequently, until fragrant and just starting to turn golden, about 1 minute. Increase heat to high; add **bok choy**. Cook, stirring and tossing frequently, until bok choy is crisp-tender, 2-3 minutes.

Remove from heat; stir in **1 teaspoon sesame oil**. Season to taste with **salt** and **pepper**. Transfer to a plate; cover to keep warm. Wipe out skillet.



5. Make caramel

Heat **1 tablespoon neutral oil** in same skillet over medium-high. Add **ribs**, cut sides down, and cook until browned, 2-3 minutes per cut side; transfer to a plate. Add **1 tablespoon neutral oil** and **1/4 cup sugar** to skillet. Cook over medium, stirring, until sugar is deeply amber, 3-5 minutes. Add ribs and **remaining garlic**. Cook, stirring frequently, until fragrant, about 1 minute.



6. Glaze ribs; serve

To skillet, add reserved pork jelly, fish sauce, ½ cup water, and ½ tablespoon white vinegar. Cook over medium-high heat until sauce reduces to a sticky glaze that coats ribs, 4–5 minutes. Add scallion whites, chiles, and ½ teaspoon sesame oil; cook until fragrant, 30 seconds. Garnish ribs with scallion greens. Serve with rice, pickles, and bok choy. Enjoy!