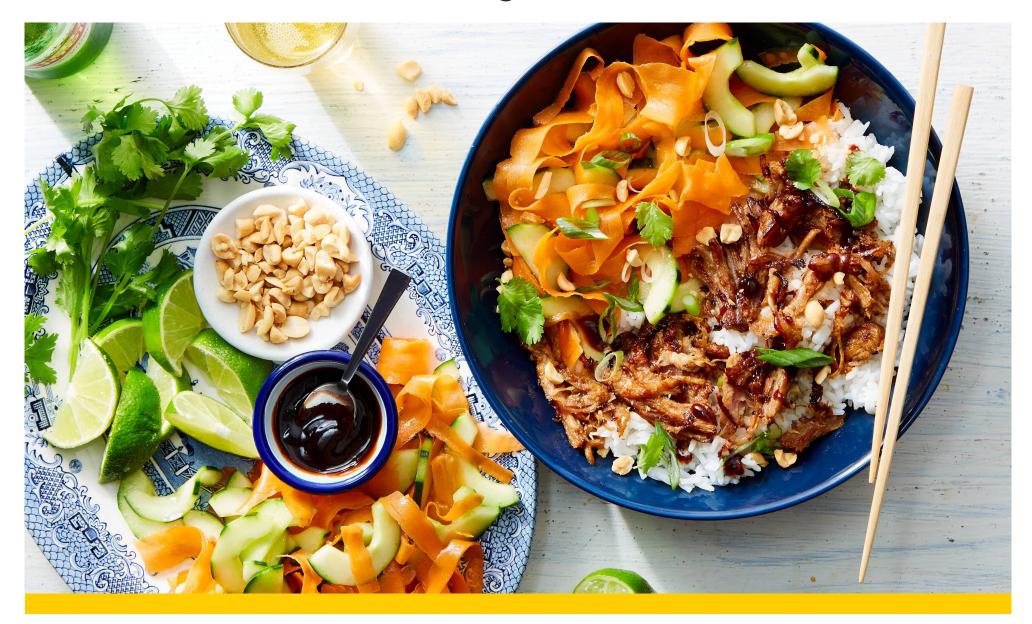
# MARLEY SPOON



# **Hoisin-Glazed Chicken Brown Rice Bowl**

with Peanuts, Carrots & Marinated Cucumbers



ca. 20min 2 Servings

Here we broil ready-to-heat shredded chicken until it's crisp in spots and toss it with hoisin sauce. We pair it with sesame marinated carrots and cucumbers, cilantro, peanuts, and fluffy brown rice. The best thing about this bowl? Build your own at the table! Add as much or as little of each component as you like to create your perfect bite.

#### What we send

- 5 oz brown rice
- 1 cucumber
- 3 oz carrots
- 2 scallions
- ½ lb pkg ready to heat chicken
- 2 oz hojsin sauce <sup>2,3,4</sup>
- ½ oz toasted sesame oil 2
- 1 oz salted peanuts <sup>1</sup>
- 1 lime
- 1/4 oz fresh cilantro

## What you need

- kosher salt & ground pepper
- sugar

#### **Tools**

- small saucepan
- · fine-mesh sieve
- vegetable peeler
- rimmed baking sheet

#### **Allergens**

Peanuts (1), Sesame (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 630kcal, Fat 15g, Carbs 88g, Protein 36g



#### 1. Cook brown rice

Happy cooking!

Preheat broiler with a rack in the upper third.

Bring a small saucepan of **salted water** to a boil. Add **rice** and boil (like pasta), stirring occasionally, until just tender, 35-40 minutes. Drain rice in a fine-mesh sieve.



### 2. Prep ingredients

Meanwhile, halve **cucumber** crosswise (save rest for own use). Peel cucumber, remove and discard seeds, then thinly slice into half moons

Using a vegetable peeler, shave **carrots** into ribbons; cut ribbons in half crosswise. Trim and thinly slice **scallions**.



#### 3. Cook chicken

Use your fingers to break **shredded chicken** into bite-sized pieces on a rimmed baking sheet. Broil until chicken is well browned and crisp, 8-10 minutes (watch closely as broilers vary).

Transfer to a medium bowl and toss with half of the hoisin sauce and 1 tablespoon water. Season to taste with salt and pepper.



#### 4. Marinate cucumbers

Meanwhile, in a medium bowl, combine cucumbers, carrots, sesame oil, and ½ teaspoon each salt and sugar. Set aside to marinate.



5. Finish

Using a rolling pin or meat hammer, crush **peanuts**. Cut **lime** into wedges. Pick **cilantro leaves** from stems; discard stems.

Fluff rice and divide between bowls.
Serve with chicken, carrots, marinated cucumbers, and scallions over top.
Drizzle chicken with remaining hoisin sauce. Garnish with cilantro and peanuts. Serve with lime wedges.



6. Serve

Enjoy!