# MARLEY SPOON



# **Turkey Meatloaf with Sweet Potato Mash**

Cranberry Chutney & Honey-Mustard Brussels





30-40min 2 Servings

We've channeled the flavors of Thanksgiving dinner into one comforting plate. Here we opt for mini turkey meatloaves smothered in gravy instead of laborintensive roasted turkey. A homemade cranberry chutney adds a sweet counterpart to savory meatloaves. Crispy roasted Brussels sprouts and mashed sweet potatoes round out this autumnal meal. It's the perfect meal for an intimate holiday dinner or as a pre-Thanksgiving feast!

#### What we send

- ½ lb Brussels sprouts
- · 2 sweet potatoes
- qarlic
- 1 oz dried cranberries
- 1 pkt turkey broth concentrate
- 10 oz pkg ground turkey
- 1 oz panko <sup>3</sup>
- 1/4 oz all-purpose spice blend
- 2 (½ oz) honey
- 2 (½ oz) whole-grain mustard

## What you need

- 6 Tbsp butter <sup>2</sup>
- · kosher salt & ground pepper
- 1 large egg <sup>1</sup>
- neutral oil
- sugar
- all-purpose flour <sup>3</sup>
- apple cider vinegar (or red wine vinegar)

#### **Tools**

- medium saucepan
- rimmed baking sheet
- small skillet

#### **Allergens**

Egg (1), Milk (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 1140kcal, Fat 57g, Carbs 120g, Protein 39g



### 1. Prep ingredients

Preheat oven to 450°F with racks in the center and upper third. Quarter Brussels sprouts; remove any outer leaves, if necessary. Peel sweet potatoes; cut into 1-inch pieces. Finely chop 2 teaspoons garlic. Finely chop cranberries.

Heat 4 tablespoons butter in a medium saucepan over medium-high until golden brown and nutty, 2-4 minutes. Transfer butter to a small bowl.



#### 2. Cook sweet potatoes

Transfer **potatoes** to same saucepan; add enough salted water to cover by 1 inch. Cover; bring to a boil. Uncover and cook until potatoes are tender when pierced with a knife, 13-15 minutes. Drain and return potatoes to saucepan. Remove from heat; keep covered until step 5.

In a measuring cup, combine **broth** concentrate and <sup>2</sup>/<sub>3</sub> cup water.

Lightly oil a rimmed baking sheet.



3. Make meatloaves

In a medium bowl, knead to combine turkey, panko, half of the garlic, 1 large egg, 1½ teaspoons all purpose seasoning, 1 teaspoon salt, and a pinch **of pepper**. Form turkey into 2 (4-inch) ovals; place on one side of prepared baking sheet and drizzle with oil. Place Brussels sprouts on other side of same sheet; toss with 1 tablespoon oil and season with salt and pepper.



#### 4. Roast meatloaves

Transfer baking sheet to center oven rack. Roast until **turkey** reaches 165°F internally and **Brussels sprouts** are tender, about 15 minutes. Remove baking sheet from oven, then switch oven to broil. Carefully toss Brussels sprouts with all of the honey and mustard directly on baking sheet. Return to top rack and broil until Brussels sprouts are blistered, 2-3 minutes (watch closely).



5. Make cranberry chutney

In a small skillet, combine cranberries, 3/4 cup water, and 2 tablespoons sugar; bring to a simmer. Cook, stirring, until chutney is thick and jammy, 6-8 minutes. Stir in 1 tablespoon butter, ½ teaspoon vinegar, and 1/4 teaspoon salt Transfer to a bowl. Wipe out skillet.

In same skillet, heat remaining garlic, 1 tablespoon butter, and 11/2 teaspoons flour over medium-high.



6. Make gravy & serve

Stir **broth mixture** into skillet. Simmer until thickened, 2-3 minutes. Keep over low heat until ready to serve. Mash potatoes with a fork; stir in half of the **brown butter** and season to taste. Spoon mashed potatoes onto plates; drizzle remaining brown butter on top. Serve alongside meatloaves and Brussels **sprouts**, with **chutney** on the side. Drizzle gravy over. Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM)