

# DINNERLY



## Chicken Tikka Masala with Basmati Rice



20-30min



2 Servings

Warm and cozy dinners like this are the reason we're in such a rush to get home after a long day. Saucy, creamy, tender, juicy, and 1000% delicious—those are all the adjectives we'd use to describe this tikka masala. We've got you covered!

## WHAT WE SEND

- 5 oz basmati rice
- 1 yellow onion
- ¼ oz fresh cilantro
- ½ lb pkg chicken breast strips
- ¼ oz garam masala
- 8 oz tomato sauce
- 3 oz mascarpone <sup>1</sup>

## WHAT YOU NEED

- kosher salt & ground pepper
- garlic
- neutral oil
- butter <sup>1</sup>
- sugar

## TOOLS

- small saucepan
- medium skillet

## ALLERGENS

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 760kcal, Fat 38g, Carbs 76g, Protein 38g



### 1. Cook rice

In a small saucepan, combine **rice, 1¼ cups water**, and **½ teaspoon salt**; bring to a boil over high heat. Cover and cook over low until liquid is absorbed, about 17 minutes. Keep covered off heat until ready to serve.



### 2. Prep veggies & chicken

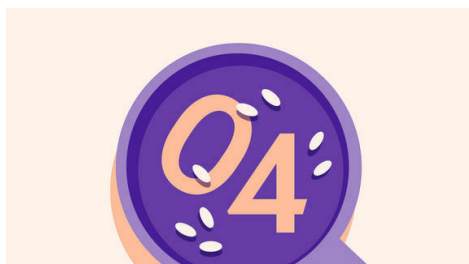
Finely chop **half of the onion** (save rest for own use). Finely chop **2 teaspoons garlic**. Finely chop **cilantro leaves and stems**.

In a small bowl, toss **chicken** with **1 teaspoon garam masala**; season with **salt and pepper**.



### 3. Cook chicken

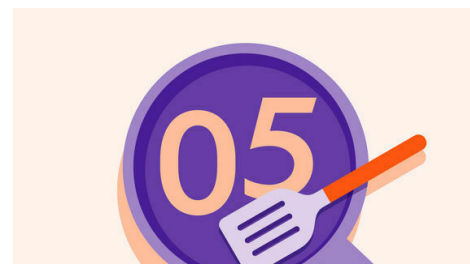
In a medium skillet, heat **1 tablespoon oil** over medium-high. Add **chicken** in a single layer and cook, undisturbed, until browned on the bottom, about 3 minutes. Stir and continue cooking until cooked through, about 2 minutes more. Transfer to a plate.



### 4. Cook onions & aromatics

To same skillet, add **onions, 1 tablespoon butter**, and **a pinch of salt**. Cook, stirring frequently, until lightly golden and softened, 3–5 minutes.

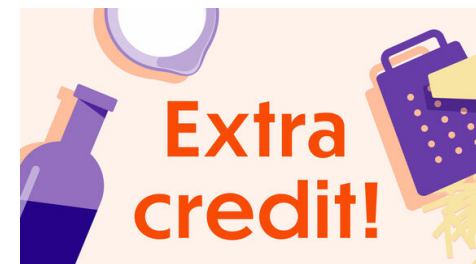
Add **chopped garlic** and **remaining garam masala**; cook, stirring frequently, until fragrant, about 1 minute.



### 5. Finish sauce & serve

To skillet with **onions**, add **tomato sauce, ¼ cup water**, and **1 teaspoon sugar**; bring to a boil over high heat. Reduce heat to medium and simmer until sauce is reduced by half, 2–4 minutes. Whisk in **mascarpone** until smooth; season to taste with **salt and pepper**. Stir in **chicken**.

Serve **chicken tikka masala** over **rice** with **cilantro** sprinkled over the top. Enjoy!



### 6. Did you know?

Ordering Dinnerly is not only more convenient, but it also reduces your carbon footprint. A study from the University of Michigan found that cooking with meal kits (including packaging) generates a much lower carbon footprint than purchasing the same ingredients at the grocery store. Considering every step in the process, average greenhouse gas emissions are ⅓ lower when cooking with meal kits.