# MARLEY SPOON



## **Seared Beef Tenderloin**

with Truffle Beurre Blanc & Steakhouse Salad

40-50min 🔌 2 Servings

Fancy? Yes. Expensive and difficult? We wouldn't dare. A thick cut of beef tenderloin cooks in bacon fat before settling alongside roasted potato rounds. The highlight is a beurre blanc sauce of shallots, vinegar, truffle dust, and butter. Mushrooms swirl into the luxurious sauce before it's spooned over the steak. A creamy, garlicky dressing drizzles over delicate bibb lettuce topped with bacon and tomato.

#### What we send

- garlic
- 12 oz Yukon gold potatoes
- 2 tomatoes on the vine
- 1 shallot
- 4 oz mushrooms
- 1 oz sour cream <sup>1</sup>
- 4 oz pkg thick-cut bacon
- 10 oz pkg beef tenderloin
- ¼ oz truffle dust
- 1 head butter lettuce
- ¼ oz fresh chives

## What you need

- olive oil
- white wine vinegar
- kosher salt & ground pepper
- 8 Tbsp unsalted butter <sup>1</sup>

## Tools

- microplane or grater
- rimmed baking sheet
- medium skillet
- small saucepan

#### Cooking tip

Do not let the beurre blanc come to a boil or else the sauce will separate!

#### Allergens

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 1430kcal, Fat 110g, Carbs 53g, Protein 59g



## **1. Prep ingredients**

Preheat oven to 425°F with a rack in the lower third. Finely grate **¼ teaspoon** garlic. Cut potatoes into ¼-inch thick rounds. Cut tomatoes into wedges.

Finely chop **2 teaspoons shallot**; thinly slice remaining shallot for salad, if desired. Thinly slice **mushrooms**.



2. Cook potatoes

In a small bowl, combine **sour cream**, **grated garlic, 1 tablespoon oil**, and **1 teaspoon vinegar**. Thin with **water**, 1 teaspoon at a time, until desired consistency. Season to taste.

On a baking sheet, toss **potatoes** with **2 tablespoons oil**; season with **salt** and **pepper**. Bake until well browned and crisp, flipping potatoes halfway through, 25–30 minutes.



3. Cook bacon

Cook **bacon** in a medium skillet over medium heat until fat is rendered and bacon is crisp, 3-4 minutes per side. Transfer bacon to a paper towel-lined plate. Drain **all but 1 tablespoon bacon fat**; increase heat to medium-high.

Add **mushrooms** to skillet; season with **salt** and **pepper**. Cook, stirring occasionally, until browned and softened, 4–6 minutes. Transfer to a bowl.



4. Cook steak

Pat **steaks** dry and season with **salt** and **pepper**. Heat **1 more tablespoon oil** in same skillet over medium-high. Add steaks and cook until browned, 3–4 minutes per side for medium-rare, or longer for desired doneness. Transfer to a plate to rest.

Cut **8 tablespoons butter** into ½-inch cubes.



5. Make beurre blanc

In a small saucepan, combine **chopped shallots, 2 tablespoons vinegar**, and **1 tablespoon water**. Set over medium heat and bring to a simmer, reducing until **1 tablespoon of liquid** remains, about 2–4 minutes. Reduce heat to low and, whisking constantly, add **butter**, one cube at a time, waiting for butter to completely emulsify before adding next cube. Remove from heat.



6. Finish & serve

Stir in 1/2-3/4 teaspoon truffle dust and season to taste. Add mushrooms to sauce. Finely chop chives. Pick lettuce leaves. Arrange lettuce, tomatoes, bacon, and sliced shallots, if using, on serving platter. Spoon dressing over salad. Place potatoes and steak on plates and spoon sauce over top. Garnish with chives and serve alongside salad. Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM) View the recipe online by visiting your account at marleyspoon.com **###arleyspoon**