DINNERLY



Low-Carb Spice-Rubbed Pork Tenderloin

with Buttery Corn & Tomatoes



20-30min 2 Servings



This summer's hottest accessory is... CORN! We love you, corn, so this one's for you. Juicy pork tenderloin gets a BBQ spice makeover. We serve this juicy cut alongside a summery salad with sweet corn, tomatoes, and scallions all tossed in a lime vinaigrette. We've got you covered!

WHAT WE SEND

- 10 oz pkg pork tenderloin
- ¼ oz chorizo chili spice blend
- · 1 plum tomato
- · 1 lime
- 2 scallions
- 5 oz corn
- 1/4 oz granulated garlic

WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- butter 1

TOOLS

- meat mallet (or heavy skillet)
- medium skillet

ALLERGENS

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 650kcal, Fat 46g, Carbs 20g, Protein 40g



1. Marinate pork

Using a knife, cut **pork tenderloin** horizontally (parallel to cutting board) almost completely in half. Open it up like a book, then pound to an even ¼-inch thickness. In a small bowl, stir to combine 1 **tablespoon chorizo chili spice blend** and 1 **tablespoon oil**, then rub all over pork. Season all over with **salt**. Set pork aside to marinate until step 4.



2. Marinate tomatoes

Cut tomato into ½-inch pieces. Squeeze 1 tablespoon lime juice into a medium bowl, then whisk in 2 tablespoons oil, and a pinch each of salt and pepper. Cut any remaining lime into wedges and set aside. Reserve 1 tablespoon of the dressing for serving, then toss tomatoes with remaining dressing; set aside to marinate.



3. Cook corn

Trim ends from scallions, then thinly slice. Melt 2 tablespoons butter in a medium skillet over medium-high. Add corn, all but 1 tablespoon of the scallions, ¼ teaspoon granulated garlic, and a pinch each of salt and pepper. Cook, stirring, until corn is tender, 2–3 minutes. Stir corn and cooked scallions into marinated tomatoes. Wipe out skillet.



4. Cook pork

Heat **1 tablespoon oil** in same skillet over medium-high. Add **pork** and cook until well browned, slightly pink in the center, and the internal temperature reaches 145°F, 2–3 minutes per side. Transfer to a cutting board to rest for 5 minutes.



5. Finish & serve

Cut pork into ½-inch thick slices. Stir remaining scallions into corn and tomatoes; season to taste with salt and pepper.

Serve chorizo chili pork tenderloin with buttery corn and tomatoes alongside.

Spoon reserved dressing over pork tenderloin along with a squeeze of lime, if desired. Enjoy!



6. Take it to the next level

Two words: Taco Party. Looking to kick this dinner up a notch, or unsure of what to do with leftovers? Serve with some tortillas, guacamole, sour cream, and maybe a little hot sauce, if you're feeling extra spicy.