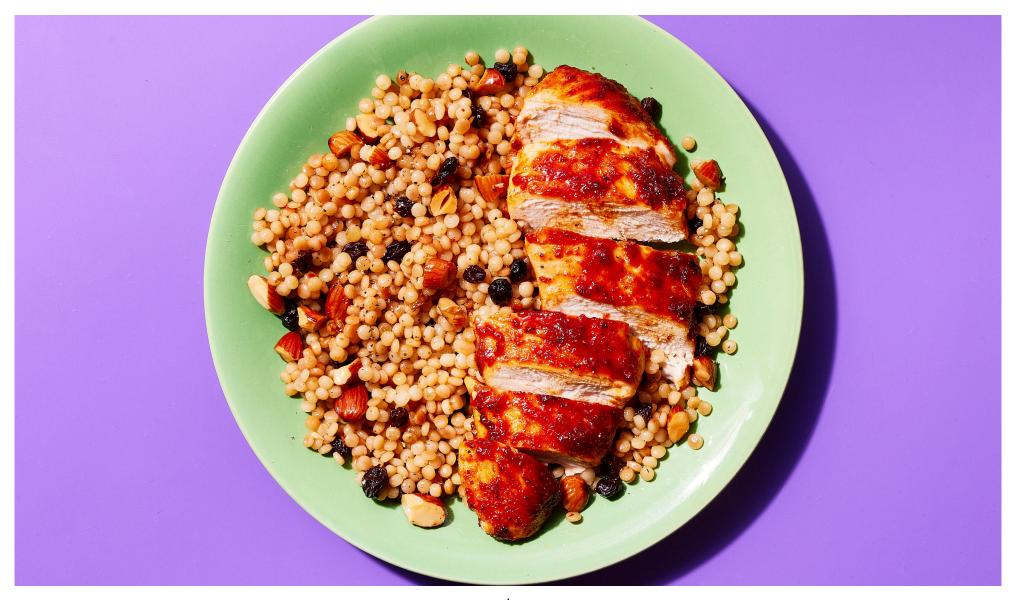
DINNERLY



Apricot-Harissa Glazed Chicken

& Currant-Almond Pearl Couscous





Don't let its size fool you—pearl couscous is small but mighty! We combine the fluffy grain with tart currants and toasted almonds for a hearty, healthy side dish to the star of the show: tender chicken breasts coated in a sweet and smoky glaze of apricot preserves and harissa. We've got you covered!

WHAT WE SEND

- 1 oz roasted almonds 1
- 1/2 oz dried currants
- · 2 (1/2 oz) apricot preserves
- 1/4 oz harissa spice blend
- 10 oz pkg boneless, skinless chicken breast
- 2 (3 oz) pearl couscous ²

WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- apple cider vinegar (or white wine vinegar)

TOOLS

- · medium saucepan
- medium ovenproof skillet

ALLERGENS

Tree Nuts (1), Wheat (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 780kcal, Fat 32g, Carbs 80g, Protein 47g



1. Toast almonds & couscous

Coarsely chop almonds.

Heat 1 tablespoon oil in a medium saucepan over medium-high. Add almonds; cook, stirring often, until golden brown, 2–3 minutes. Transfer with a slotted spoon to a plate, reserving oil in saucepan. Add couscous; cook, stirring, until golden brown, about 3 minutes.



2. Cook couscous

To saucepan, add **currants, % cup water**, and **½ teaspoon salt**; cover and bring to a boil. Reduce heat to low; cook until liquid is absorbed and **couscous** is al dente, 10–12 minutes. Spread on a plate to cool.

Preheat oven to broil with a rack in the top position.



3. Cook chicken

In a small bowl, stir together all of the apricot preserves, harissa spice blend, 2 teaspoons water, and ½ teaspoon vinegar; set glaze aside for step 3.

Pat **chicken** dry; season all over with **salt** and **pepper**.

Heat 1 tablespoon oil in medium ovenproof skillet over medium-high. Add chicken and cook until golden brown and cooked through, 3–4 minutes per side.



4. Glaze chicken

Brush chicken all over with ¾ of the glaze. Broil on top oven rack until glaze is browned in spots and sticky to the touch, 1–3 minutes (watch closely as broilers vary). Transfer chicken to a cutting board; brush with remaining glaze. Allow to rest for 5 minutes.



5. Finish & serve

In a medium bowl, combine couscous, almonds, 1 tablespoon oil, 2 teaspoons vinegar, and any resting juices from chicken; season to taste with salt and pepper. Slice chicken, if desired. Serve chicken with couscous. Enjoy!



6. Add some greens!

Throw together a simple salad of hearthealthy spinach or peppery arugula with your choice of dressing and toppings.