# **DINNERLY**



# **Chicken Parm Buns** with Caesar Dipping Sauce





If Dinnerly won't put a chicken parm in a bun, then who will? Italian chicken sausage, marinara, Parmesan, and mozzarella make an unforgettable filling wrapped up in perfectly crisp-on-the-outside, fluffyon-the-inside pizza dough. Buns this good deserve not one, but two, dipping options. AKA extra marinara and an amped-up, creamy Caesar dressing. We've got you covered!

#### **WHAT WE SEND**

- 1 lb pizza dough 5
- · 3¾ oz mozzarella 3
- · 2 (34 oz) Parmesan 3
- ½ lb uncased Italian chicken sausage
- · 8 oz marinara sauce
- ¼ oz Tuscan spice blend
- 1 pkt Caesar dressing 1,2,3,4

#### WHAT YOU NEED

- olive oil
- butter<sup>3</sup>
- kosher salt & ground pepper
- 1 large egg<sup>1</sup>

#### **TOOLS**

- · microplane or grater
- medium nonstick skillet
- parchment paper
- rimmed baking sheet

## **COOKING TIP**

To separate the egg, crack egg into a small bowl and use the shell or a spoon to scoop out the yolk.

#### **ALLERGENS**

Egg (1), Fish (2), Milk (3), Soy (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 1430kcal, Fat 63g, Carbs 125g, Protein 50g



# 1. Prep ingredients

Preheat oven to 400°F with a rack in the center. Add **dough** to a lightly **oiled** bowl; set aside to come to room temperature.

Cut mozzarella into ½-inch pieces. Finely grate Parmesan. Melt 2 tablespoons butter.



## 2. Cook filling

Heat 1 tablespoon oil in a medium nonstick skillet over medium-high. Add sausage; season with salt and pepper. Cook, breaking into smaller pieces, until cooked through and browned in spots, about 5 minutes. Add half each of the marinara and Tuscan spice. Off heat, stir in ¼ of the Parmesan. Season to taste with salt and pepper. Let cool, then stir in mozzarella.



# 3. Wrap buns

Divide dough into 4 pieces. On a clean work surface, roll or gently stretch each piece into a 5-inch circle. Divide chicken sausage filling among centers. Stretch dough edges over filling to meet in the center; pinch to seal.

Transfer to a parchment-lined rimmed baking sheet, seam-side down and spaced 1 inch apart.



4. Bake buns

In a small bowl, stir together 1tablespoon melted butter and 1 large egg yolk (save white for own use). Brush all over buns and sprinkle some of the remaining Tuscan spice over top.

Bake on center oven rack until deep golden brown and puffed, 30–35 minutes. Transfer to a wire rack. Let cool at least 10 minutes



5. Finish & serve

In a second small bowl, whisk together

Caesar dressing, ¾ of the remaining

Parmesan, and ¼ teaspoon Tuscan spice.

Brush buns with remaining melted butter, then sprinkle with remaining Parmesan. Serve with Caesar sauce and remaining marinara. Enjoy!



6. Want a softer bun?

After assembling the buns and transferring them to the prepared baking sheet in step 3, cover with a clean kitchen towel and proof in a warm place (like a sunny window) until puffy, 45–60 minutes. Continue step 4 as instructed.