

DINNERLY



Cauliflower Fried Rice with Readymade Chicken & Salted Cashews



under 20min



2 Servings

Fried rice with no rice? It may sound impossible, but if cauliflower can do it, then so can you. Just toss cauliflower rice into a skillet with ready to heat chicken, peas, carrots, scrambled eggs, and umami-rich tamari sauce. And don't forget the salted cashews for a well deserved crunch. We've got you covered!

WHAT WE SEND

- 2 scallions
- 1 oz salted cashews³
- 3 oz carrots
- 1 piece fresh ginger
- ½ lb pkg ready to heat chicken
- 12 oz cauliflower rice
- 2½ oz peas
- 2 (½ oz) tamari soy sauce²

WHAT YOU NEED

- 2 large eggs¹
- kosher salt & ground pepper
- neutral oil
- apple cider vinegar (or vinegar of your choice)
- pinch of sugar

TOOLS

- microplane or grater
- medium nonstick skillet

ALLERGENS

Egg (1), Soy (2), Tree Nuts (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 470kcal, Fat 24g, Carbs 24g, Protein 44g



1. Prep ingredients

Trim ends from **scallions** and thinly slice, keeping dark greens separate.

Coarsely chop **cashews**. Cut **carrot** into ½-inch pieces. Peel and finely grate ½ **teaspoon ginger**.

Break up **shredded chicken** with your fingers or two forks into bite-size pieces.



4. Add sauce & serve

To same skillet, stir in **eggs**, **all of the tamari**, ¼ **teaspoon vinegar**, and a **pinch of sugar**; cook until veggies are evenly coated in sauce. Season to taste with **salt** and **pepper**.

Serve **cauliflower fried rice** with **scallion dark greens** and **cashews** sprinkled over top. Enjoy!



2. Cook eggs

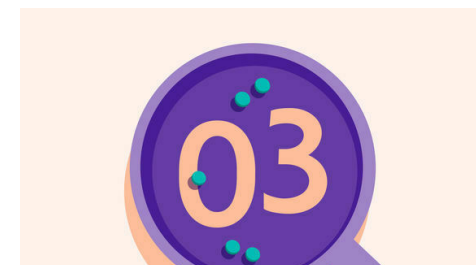
Beat **2 large eggs** in a small bowl; season with a **pinch each of salt and pepper**.

Heat **2 teaspoons oil** in a medium nonstick skillet over medium-high until shimmering. Add eggs and cook, stirring occasionally, until softly scrambled, about 1 minute. Transfer to a plate; wipe out skillet.



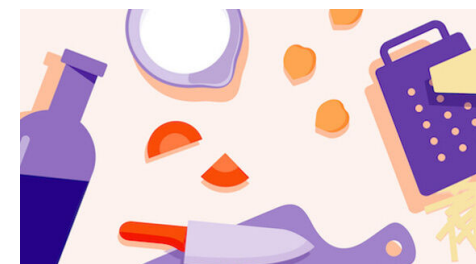
5. ...

What were you expecting, more steps?



3. CHICKEN VARIATION

Heat **1 tablespoon oil** in same skillet over medium-high. Add **carrots** and cook until browned and tender, 3–5 minutes. Add **ginger** and **scallion whites and light greens**; cook, stirring, until fragrant, about 30 seconds. Add **chicken**, **cauliflower rice**, and **peas**. Cook, stirring occasionally, until warmed through and tender, 2–4 minutes.



6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!