MARLEY SPOON



Beef Shawarma Hummus Bowl

with Shepherd's Salad





Tender and warmly spiced, shawarma is classic Middle Eastern cuisine that can take hours to prepare. Here, we use tender beef strips for a quick version that's just as satisfying. Baharat spices flavor the beef while we toss a salad of crisp cucumbers and fresh tomatoes. Shallots marinate in sumac, a citrusy spice, and we serve it all over creamy hummus with Kalamata olives and toasted pita.

What we send

- 1 shallot
- 1 plum tomato
- 1 cucumber
- 1 oz Kalamata olives
- ¼ oz sumac
- garlic
- 10 oz pkg beef strips
- 1/4 oz baharat spice blend 1
- 4 (2 oz) hummus 1
- 2 Mediterranean pitas 1,2,3

What you need

- red wine vinegar (or white wine vinegar)
- olive oil
- kosher salt & ground pepper

Tools

- microplane or grater
- · medium skillet
- rimmed baking sheet

Allergens

Sesame (1), Soy (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 850kcal, Fat 45g, Carbs 75g, Protein 41g



1. Prep ingredients

Thinly slice **shallot**. Cut **tomato** into ¼-inch pieces. Peel **cucumber**, if desired. Quarter lengthwise and remove seeds; cut into ¼-inch pieces. Remove any pits from **olives**, if necessary. Cut in half, if desired.



2. Marinate shallots

In a small bowl, combine **shallots, half of the sumac, 2 teaspoons each of vinegar and oil**, and **¼ teaspoon salt** Use your hands to massage seasonings into shallots. Set aside to marinate until ready to serve.



3. Make salad

Into a medium bowl, finely grate 1 medium garlic clove. Add tomatoes, cucumbers, 1 tablespoon oil, and 2 teaspoons vinegar. Season to taste with salt and pepper; mix well. Set aside until ready to serve.



4. BEEF STRIPS VARIATION

Pat beef strips dry. Toss in a medium bowl with half of the baharat spice blend, 1 teaspoon oil, ½ teaspoon salt, and a couple grinds of pepper.

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add beef in a single layer and cook, undisturbed, until browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 minutes more.



5. Broil pitas & assemble

Preheat broiler with a rack in the upper third. Lightly brush **pitas** all over with **oil**. Place on a rimmed baking sheet. Broil on upper oven rack until browned in spots and warmed through, 1-2 minutes per side (watch closely as broilers vary). Cut into quarters.

Divide **hummus** between bowls. Top with **beef, salad, shallots**, and **olives**. Drizzle with **oil**; serve with **pita**.



Enjoy!