



Shredded Chicken, Corn & Poblano Enchiladas

with Pickled Onions



30-40min



2 Servings

Our shredded chicken and veggie enchiladas pack a ton of flavor thanks to sweet corn, mild poblano chiles, and protein-rich chicken and pinto beans. We roll this hearty filling in flour tortillas and coat them in pre-made enchilada sauce for a quick dinner fix. The result is a cheesy, one-skillet supper that's sure to please everyone at your table.

What we send

- 1 red onion
- 1 poblano pepper
- 15 oz can pinto beans
- ¼ oz fresh cilantro
- ½ lb pkg ready to heat chicken
- 5 oz corn
- ¼ oz taco seasoning
- 2 (4 oz) green enchilada sauce ²
- 2 (2 oz) shredded cheddar-jack blend ¹
- 6 (6-inch) flour tortillas ^{2,3}

What you need

- apple cider vinegar (or red wine vinegar)
- sugar
- kosher salt & ground pepper
- neutral oil

Tools

- medium (10") ovenproof skillet
- microwave

Cooking tip

No microwave? Heat a small skillet over medium-high and cook tortillas, 1 at a time, until warmed, 30 seconds per side, stacking and wrapping in foil or a kitchen towel to keep warm.

Allergens

Milk (1), Soy (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 980kcal, Fat 36g, Carbs 111g, Protein 61g



1. Pickle onions

Preheat oven to 425°F with a rack in the center.

Finely chop **onion**. In a small bowl, stir to combine **¼ cup of the chopped onions**, **1 tablespoon vinegar**, **1 teaspoon sugar**, and **¼ teaspoon salt**

Set onions aside to pickle until step 6, stirring occasionally.



4. Finish filling

To bowl with **filling**, stir in **chicken**, **3 tablespoons of the enchilada sauce**, and **half each of the cheese and chopped cilantro** until combined.

Wrap **tortillas** in a damp kitchen towel; microwave on high until warm, about 1 minute.



2. Prep ingredients

Halve **poblano pepper**, discard stem and seeds, then thinly slice.

Drain **beans**, then rinse well.

Finely chop **cilantro leaves and stems**.

Use your fingers or two forks to break up **chicken** into bite-sized pieces.



5. Assemble enchiladas

Lightly drizzle reserved skillet with **oil**. Arrange **tortillas** on a work surface. Divide filling evenly among tortillas (heaping ½ cup each). Roll up tightly and arrange, seam-side down, in skillet. Top with **remaining enchilada sauce and cheese**. Bake on center oven rack until browned and bubbling, 15-18 minutes (watch closely).



3. Cook filling

Heat **2 teaspoons oil** in a medium ovenproof skillet over medium-high. Add **peppers** and **remaining chopped onions**; season with **salt** and **pepper**. Cook, stirring, until softened and browned in spots, 5-6 minutes. Stir in **beans, corn**, and **taco seasoning**. Cook until filling is warmed through, about 1 minute.

Transfer to a bowl. Reserve skillet for step 5.



6. Finish & serve

Let stand for 5 minutes before serving.

Garnish **chicken, corn, and poblano enchiladas** with **remaining chopped cilantro** and **some of the pickled onions**. Pass **remaining pickled onions** at the table. Enjoy!