# MARLEY SPOON



# Martha's Best Teriyaki-Glazed Burger

with Spinach Salad & Furikake Fries

30-40min 🤌 2 Servings

Grass-fed beef makes for a perfect burger, only made better by a savory-sweet teriyaki glaze. After glazing, the burgers are topped with a spicy mayo, and are served on a toasty potato bun. Oven-baked fries are a healthier way to make crisp potato wedges. We tossed these bad boys in furikake-a Japanese spice mix of sesame seeds, sugar, salt, and dried seaweed-for an extra dose of flavor.

#### What we send

- 2 potatoes
- 2 oz mayonnaise <sup>1,4</sup>
- ¼ oz gochugaru flakes
- 5 oz baby spinach
- 2 potato buns <sup>2,3,5</sup>
- 10 oz pkg grass-fed ground beef
- 2 oz teriyaki sauce 4,5
- ¼ oz furikake <sup>3</sup>
- 3¼ oz dill pickles

#### What you need

- neutral oil
- kosher salt & ground pepper
- apple cider vinegar (or white wine vinegar)
- sugar

### Tools

- rimmed baking sheet
- medium skillet

#### Allergens

Egg (1), Milk (2), Sesame (3), Soy (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 1000kcal, Fat 55g, Carbs 73g, Protein 42g



## 1. Roast potatoes

Preheat oven to 450°F with a rack in the lowest position. Scrub **potatoes**, then cut lengthwise into ½-inch thick wedges. On a rimmed baking sheet, toss potatoes with **2 tablespoons oil** and **a pinch each of salt and pepper**. Spread in an even layer and roast without stirring, until golden and crisp on the bottom and lightly browned on top, 20-25 minutes.



2. Make spicy mayo

Meanwhile, in a small bowl, stir to combine **mayonnaise** and **1 teaspoon gochugaru flakes**, or more depending on heat preference.



3. Make salad dressing

While **potatoes** roast, in a medium bowl, combine **1 tablespoon each of oil and vinegar**; season with **a pinch each sugar**, **salt, and pepper**. Add **spinach**, but do not toss until ready to serve.



4. Toast buns

Split **buns** and place cut side up on a sheet of foil; Bake on lower oven rack, next to **potatoes**, until lightly toasted, about 2 minutes (watch closely as ovens vary). Wrap in foil to keep warm.



5. Make burgers

Form **beef** into 2 (½-inch) thick patties (about 4½-inches wide). Heat **1 teaspoon oil** in a medium skillet over medium-high. Add burgers and cook until browned, flipping once, about 3 minutes per side for medium-rare (or longer for desired doneness). Off the heat, spoon off any excess fat. Add **teriyaki sauce** and cook over medium, turning burgers in sauce until glazed, about 2 minutes.



6. Finish salad & serve

Once **potatoes** are done, toss with **furikake** and **a pinch of salt**; transfer to plates. Toss **spinach** in **dressing**.

Serve **burgers** on **buns** topped with **some of the spicy mayo**, with the rest alongside for dipping with **fries**. Serve with **pickles** and **spinach salad**. Enjoy!