# MARLEY SPOON



# **Korean Meatball Tacos**

with Cabbage Slaw & Pickled Banchan





Gochujang is a red pepper paste that's savory, sweet and slightly spicy. It's also a key ingredient in Korean cuisine. Here, we use warming gochujang to glaze tender, gingery beef meatballs. Quick-pickled carrots and radishes (banchan)S and a creamy cilantro-cabbage slaw are the perfect accompaniments. We layer all of the flavorful ingredients on top of toasted flour tortillas, for the ultimate Asian-inspired tacos.

#### What we send

- 2 oz red radishes
- 1 carrot
- 1½ lbs green cabbage
- 1 oz fresh ginger
- 1/4 oz fresh cilantro
- 1 oz mayonnaise <sup>3,6</sup>
- 10 oz ground beef
- 1 oz panko <sup>1</sup>
- 1 oz gochujang (use 2-4 tsp)
- 6 flour tortillas 1,6

## What you need

- apple cider vinegar
- sugar
- kosher salt
- large egg <sup>3</sup>
- neutral oil, such as canola

#### **Tools**

- mandoline or V-slicer
- medium ovenproof skillet

#### **Allergens**

Wheat (1), Egg (3), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 940kcal, Fat 49g, Carbs 84g, Protein 40g



### 1. Prep veggies

Preheat broiler with a rack in the upper third. Using a mandoline or v-slicer (or a sharp knife), thinly slice **radishes** and **carrot** (no need to peel) and **3 cups cabbage** (save rest for own use), keeping all separate. Peel and chop **1 tablespoon ginger**. Coarsely chop **cilantro leaves** and stems.



2. Pickle veg & make slaw

In a small bowl, whisk to combine 1 tablespoon each vinegar, water, and sugar, and 1 teaspoon salt. Add radishes, carrots, and half of the ginger, tossing to combine. In a medium bowl, combine mayonnaise, 1 tablespoon vinegar, and a pinch of salt. Add cabbage and half of the cilantro, and toss to combine.



3. Prep meatballs & glaze

In a medium bowl, combine beef, remaining ginger, ¼ cup panko, 1 large egg, ½ teaspoon salt, and several grinds of pepper. Form into 12 meatballs and transfer to a lightly oiled medium ovenproof skillet. To a small bowl, add 2-4 teaspoons gochujang (depending on heat preference) and 1½ tablespoons each vinegar and sugar to make a glaze.



4. Cook meatballs

Transfer **meatballs** in skillet to top oven rack, and broil until browned and cooked through, 7-9 minutes. Carefully spoon off and discard excess fat. Add **glaze** to meatballs and toss to coat. Broil on same rack until glossy, 2-3 minutes (watch closely, as broilers vary).



5. Toast tortillas

Meanwhile, toast **tortillas** over an open flame until lightly charred in spots, 5-10 seconds per side. (Alternatively, broil in batches until lightly charred, watching closely.) Wrap in foil to keep warm.



6. Finish & serve

Assemble tacos at the table with meatballs, some of the slaw, and pickled carrots and radishes. Drizzle with some of the pickling liquid and garnish with remaining cilantro. Enjoy!